

**3rd Annual Conference
October 10-12 Minneapolis**

Innovate & Invigorate



Family Medicine Midwest

The Family Medicine Midwest Foundation Leadership, 2014



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In association with

2014 Family Medicine Midwest Conference

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Lori Larson—*Central Minnesota Area Health Education Centers*
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Wanda Gonsalves, MD—*University of Kentucky*
Judi Gravdal, MD—*Chicago Medical School and Lutheran General FMR*
Charles Henley, DO—*Marian University (Indiana)*
Missy Lewis—*Indiana AFP*
Elise Duwe, student—*University of Illinois at Urbana*
Jeri Reid, MD—*University of Louisville (Kentucky)*
Andrew Slattengren, D.O—*University of Minnesota & Minnesota AFP*
Alicia Vazquez, MD—*Loyola Provident Cook County FMR*
Tabatha Wells, MD—*SIU Springfield FMR*



Basic Schedule of Events

Detailed schedules for each day are on pages 9-11.

Friday October 10, 2014

11:00 am	Registration opens – Denmark Commons
12:00 – 2:00 pm	FMM Committee Meeting – Oslo
2:00 – 3:30 pm	Preconference meetings – Norway Rooms <ul style="list-style-type: none">• NeedyMeds: How to Help Your Patient Obtain the Medications They Can't Afford• Global Health Collaborative• Maternal Care Collaborative
3:30 – 4:00 pm	Break
4:00 – 5:30 pm	Preconference meetings – Norway Rooms <ul style="list-style-type: none">• Population & Community Health• Maternal Care Collaborative (continued)• Residency Directors Meeting
5:30 – 7:30 pm	Welcome Reception Reach Out & Greet! – Denmark Commons

Saturday October 11, 2014

6:30 am	Registration opens
7:00 am	Breakfast opens – Scandinavian Ballrooms 2–4
7:30 – 8:45 am	Hippocrates Café / Awards
9:00 am – 12:00 pm	Educational Sessions & Workshops (seven concurrent tracks)
12:00 – 1:30 pm	Speed Date Your Specialty Lunch – Fjords Ballroom
1:30 – 2:00 pm	Poster Session I – Denmark Commons
2:00 – 4:00 pm	Residency Fair in Exhibit Hall – Scandinavian Ballrooms
4:00 – 4:45 pm	Fellowship & Healthcare Recruiter Fair
4:00 – 4:55 pm	ADFM Chairs Meeting – Oslo
5:00 – 7:00 pm	FMIG Leaders Dinner (<i>invite only</i>) – Fjords Ballroom <i>Dinner on your own!</i>

Sunday October 12, 2014

7:00 am	Registration opens
7:30 am	Breakfast opens – Scandinavian Ballrooms 2–4
7:45 – 8:45 am	Plenary: David Moen, MD
9:00 – 9:30 am	Poster Session II
9:30 – 10:45 am	Seminars (four concurrent sessions)
11:00 am – 12:15 pm	Research Presentations (four concurrent sessions)
12:30 – 1:30 pm	Host & Planning Committee Wrap-up meeting – New Sweden 1 <i>Anyone interested in the 2015 Family Medicine Midwest planning process is welcome to attend!</i>

Thank you to our **2014 Family Medicine Midwest Conference** Supporters

FMM Welcome Reception Host

University of Minnesota, Department of Family Medicine and Community Health

Platinum Level:

**Allina Health
BlueCross BlueShield of IL
Eli Lilly and Company
Mayo Clinic
Monsanto
Purdue Pharma L.P.
Sanford Health**

Gold Level:

AcuteCare	MN Office of Rural Health and
Affiliated Community Medical	Primary Care
Centers	Navajo Area Indian Health
Avera Medical Group	Service
Bemidji Area Indian Health	NeedyMeds
Service	North Clinic
EBSCO Health	Park Nicollet
Essentia Health	Prevea Health
Fairview Health Services	Primary Care Progress
Gundersen Health System	RHEDI - Reproductive Health
HealthPartners	Education in Family Medicine
Medical Advanced Pain Clinics	The Inline Group
Medical Associates Clinic &	Winona Health Services
Health Plans	Wisconsin Collaborative for
Mercy Memorial Hospital System	Rural GME (WCRGME)
Ministry Health Care	Adkisson Search Consultants

CME Information for this Meeting

Accreditation

The Illinois Academy of Family Physicians / Family Practice Education Network is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

AMA PRA Category 1 - The Illinois Academy of Family Physicians/Family Practice Education Network designates this live activity, Family Medicine Midwest Conference 2014 for a maximum of 12 AMA PRA Category 1 credits™.

Prescribed - This Live activity, Family Medicine Midwest Conference 2014, with a beginning date of 10/10/2014, has been reviewed and is acceptable for up to 12.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Faculty Disclosure Statement

The Illinois Academy of Family Physicians adheres to the conflict of interest policy of the ACCME and the AMA. It is the policy of Illinois AFP to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals in a position to control the content in our programs are expected to disclose any relationships they may have with commercial companies whose products or Services may be mentioned so that participants may evaluate the objectivity of the presentations. In addition, any discussion of off-label, experimental, or investigational use of drugs or devices will be disclosed by the faculty. Only those participants who have no conflict of interest or who agree to an identified resolution process prior to their participation were involved in the CME activity.

It's Good to Be Green

We have gone green for this meeting - all handouts and evaluations are only available online!
Thank you to Mayo Clinic for sponsoring free Wi-Fi access for Family Medicine Midwest 2014

WI-FI INSTRUCTIONS - *Here is how you log in:*

*Connect to the Radisson BLU Wi-Fi connection through your laptop or smartphone
Click on Internet Explorer or Firefox Explorer and select any internet page of your choice.*

The network is: Family Medicine Midwest

Password is: Mayo

How to access handouts, evaluations & claim CME credit

All evaluations and handouts are available online at the 2014 Family Medicine Midwest Meeting website. A link to this website, along with your username & password, was emailed to you prior to the conference. Please check your inbox! You can also access this website by scanning the QR code using your smartphone or typing the URL into your web browser.

<http://iafp.planion.com/Web.Admin/Login?ACCOUNT=IAFP>

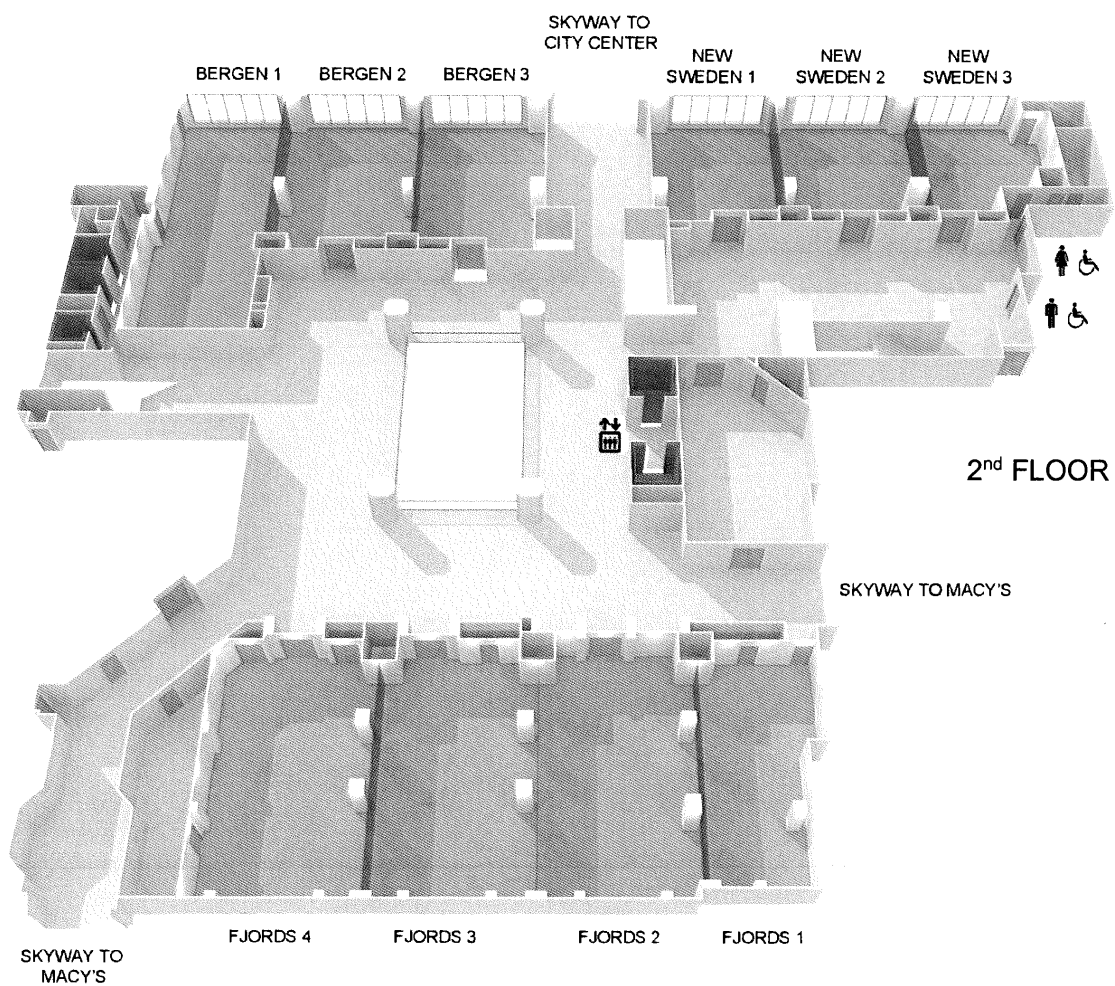
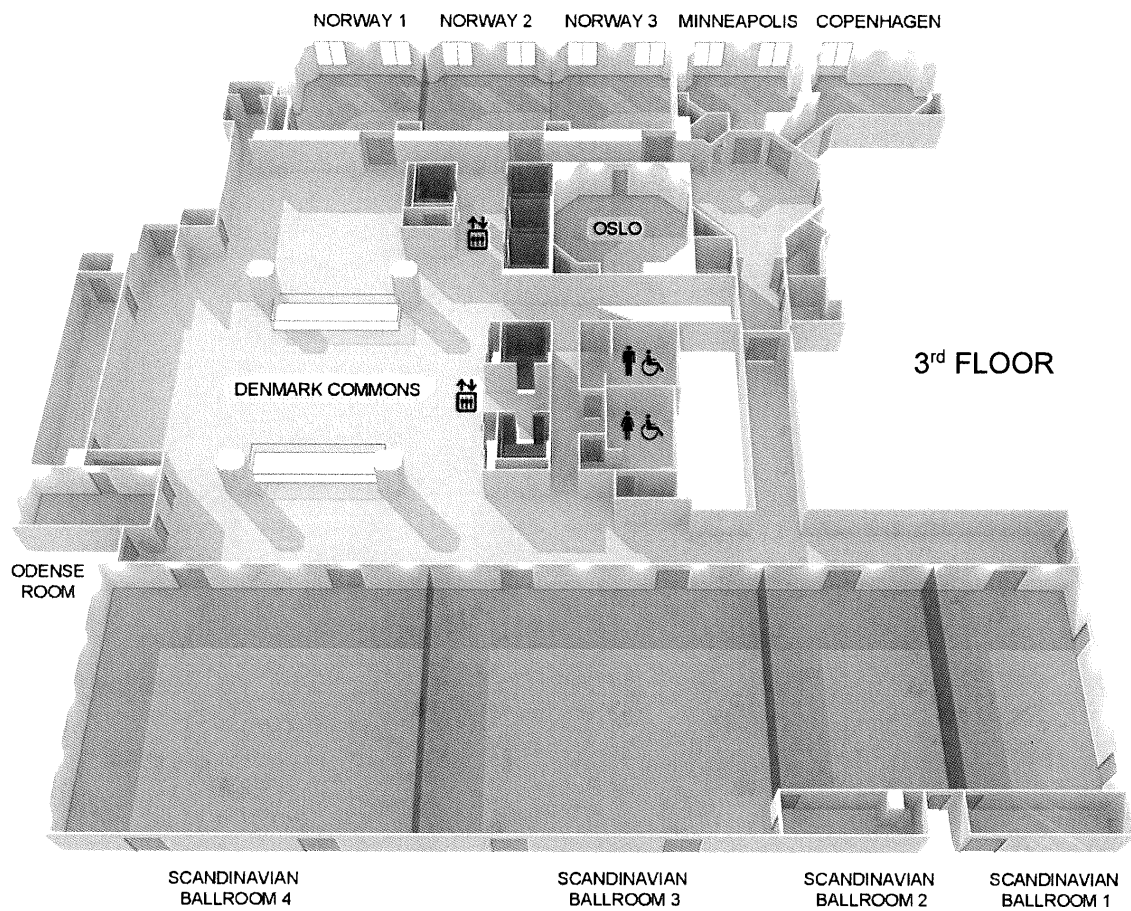


Username: (enter your email address for the username)

Password: familymedicine

Once logged into the website you can fill out the evaluation for each session you attended and claim credits. Handout materials, including copies of the presentations, can also be found online listed with each session. Once you have completed the evaluations for each session you have attended and claimed credits you can print a CME certificate or a certificate of attendance. Your information will also be stored on the website for one year, so you may access handouts or your CME credits at any time.

If you registered onsite, your information will be added to the website at the end of the conference day. Questions or problems? Please see staff at the registration desk for help.



Friday Pre-Conference Events

2:00-3:30 p.m. events

Prescribing Medications Isn't Enough - How to Help Your Patient Obtain the Medications They Can't Afford – Norway 3

There are many programs that provide medications for people who can't afford them. The problem is too many in health care don't know about them. NeedyMeds, a national non-profit, has information on over 2,400 different programs and 11,000 free/low-cost/sliding-scale clinics.

Richard Sagall, MD, family physician, NJ, presenter

Reactor panel – Jody Lounsbery, Pharm.D, BCACP, University of Minnesota; Jean Moon, PharmD, University of Minnesota and Kelly Ruby, PharmD, BCPS, Northpoint Health and Wellness Center.

Global Health Collaborative – Norway 2

Led by Shailey Prasad, MD, University of Minnesota and Mari Egan, MD, University of Chicago

The goal is to further global health education that advocates for family medicine and primary health care solutions primarily in low- and middle-income countries (LMICs) by using responsible, ethical, and humble approaches to partnerships with longitudinal relationships. We will bring together students, residents and faculty interested in global health to emphasize the importance of global health education into all medical curriculum.

Maternal and Child Health – Norway 1 (2:00-5:30pm) Meets during both pre-conference sessions.

Led by Evelyn Figueroa, MD, University of Illinois at Chicago College of Medicine

Dedicated to enhancing preconception, prenatal and postpartum care. We intend to generate awareness of existing tools/resources and develop new projects which aim to improve maternal and child health.

4:00-5:30 p.m. events

Community and Population Health – Norway 2

Led by Katherine Vickery, MD, MSc, Hennepin County Medical Center. Learn four competency areas of population health defined by Duke Family Medicine in the May 2013 Academic Medicine article <http://www.ncbi.nlm.nih.gov/pubmed/23524919>. Listen to 10-12 five-minute presentations of works in progress and completed work. Join small discussion groups to discuss presentations and plan how to address population and community health in the workplace. Join in an ongoing community and population health workgroup

Family Medicine Residency Directors Meeting – Norway 3

Led by Joan Hamblin, MD, residency director at University of Wisconsin Eau Claire. Join your director and associate director colleagues to discuss the hot topics in residency education including *Addressing Milestones and Logging visit numbers*.

5:30-7:30 p.m. Reach Out and Read and Reach Out and Greet Reception! (Free to all attendees)

Drop your bags in your hotel room and head down to Denmark Commons to find common ground with your family medicine friends. Our event will include opportunities to support the Reach out and Read program while encouraging everyone to *Reach Out and Greet* someone from another state. Join us for the fun!



where great stories begin™

Give to the Family Medicine Midwest-Reach Out and Read VIRTUAL Book Drive - **\$10 provides three books for children** at Family Medicine Clinics in Minnesota that implement Reach Out and Read and serve low income patient populations.

Reach Out and Read prepares America's youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together. During regular pediatric checkups, Reach Out and Read pediatricians, family physicians, physician assistants, and nurse practitioners give new, developmentally-

appropriate books to children, ages 6 months through 5 years, and advise parents about the importance of reading aloud. There are 5,000 Reach Out and Read clinics nationwide with 4.2 million children and 20,000 primary care providers participating. Reach Out and Read also has a quality improvement module for Maintenance of Certification Part IV. Stop by the table in the lobby during this conference OR visit www.reachoutandread.org to learn more about the module or how to get Reach Out and Read started in your Family Medicine Residency or Clinic.

Plenary Presentations

Saturday Breakfast: Hippocrates Café

Hippocrates Cafe productions use professional actors and musicians to explore complex health care topics, incorporating equal measures of humor and reflection. Actors and actresses read from a variety of sources, including poems, short stories, novels, and scientific journals, while musicians perform instrumental interludes and other selections chosen to illuminate a specific topic. Creator and director Jon Hallberg, MD, hosts each show, providing context for performances.

About Jon Halberg, MD—Hallberg is medical director of the award-winning, innovative University of Minnesota Physicians Mill City Clinic. He also founded, directs, and hosts Hippocrates Cafe, an ongoing series of events that explores health care topics using professional actors and musicians; serves as regular medical analyst on Minnesota Public Radio's "All Things Considered;" and manages the Fisch Art of Medicine Student Awards, which enables University of Minnesota medical students to explore the arts. He was awarded the Mid-Career Faculty Award from the Family Medicine Midwest Foundation in 2012.

Sunday Breakfast: Delivering New Value for High Risk Patients and Their Families

David Moen, MD

Dr. Moen will discuss common characteristics of new care models emerging at the fringes of the health care system. Leadership of well-trained and highly motivated primary care physicians is a most critical need and will promote scale of these community-based care models. At scale, this team-based approach to primary care for high risk patients can transform our system to long-term sustainability. Dr. Moen is a family physician who spent over 25 years practicing emergency medicine and primary care. He led innovation, taught for Fairview's Leadership Academy, and served as CEO for the Fairview Health Network prior to starting his management consulting practice. As Principal of Moen, MD Consulting he assists organizations in developing and scaling effective and efficient care delivery models for high risk patients which achieve Triple Aim results.

Congratulations to the 2014 Awards Winners

Mid-Career Faculty –Renee Crichlow, MD – University of Minnesota, North Memorial Family Medicine Residency

The Power to Change Our World – Melissa McCoy, student, University of Minnesota Twin Cities

Think about who you would like to nominate for 2015. Details and a nomination form are in this program book.

Be on the lookout and nominate someone you see here at the conference for an I³ (Inspiring, Innovative or Invigorating) Award! The Family Medicine Midwest Awards committee will evaluate all nominations each evening. I³ Awards will be announced at breakfast on Saturday and Sunday!

Thank you to the Family Medicine Midwest Awards Committee

Risheet Patel, MD, Indiana Academy of Family Physicians

John McCabe, MD, University of Minnesota at Mankato Family Medicine Residency

Wafa Akkad, MD, South Dakota University

Tabatha Wells, MD, Southern Illinois University Family Medicine Residency Program

Monica Fudala, MD, Northwestern LakeShore Family Medicine Residency

Lauren Segelhorst, student, University of Illinois at Chicago

Family Medicine Midwest 2014 Conference Schedule

Innovate & Invigorate

	Friday October 10			
11:00 AM - 6:00 PM	Registration <i>(Denmark Commons)</i>			
12:00 PM - 2:00 PM	FMM Committee Meeting <i>(Oslo)</i>			
	PreConference Workshops			
	Norway 1	Norway 2	Norway 3	Oslo
2:00 PM - 3:30 PM	PC01 - Maternal Care Collaborative	PC02 - Global Health Collaborative	PC03 - Prescribing Medications Isn't Enough – How to Help Your Patient Obtain the Medications They Can't Afford	
3:30 PM	Break			
	PreConference Workshops			
	Norway 1	Norway 2	Norway 3	Oslo
4:00 PM - 5:30 PM	PC01 - Maternal Care Collaborative	PC04 - Population & Community Health	Residency Directors Meeting	
5:30 PM - 7:30 PM	Welcome Reception (open to all attendees & guests) <i>(Denmark Commons)</i>			

	Saturday October 11						
6:30 AM	Registration Opens (Denmark Commons)						
7:00 AM	Breakfast Opens (Scandinavian Ballrooms 2-4)						
7:30 AM - 8:45 AM	PL01 - Opening Plenary: Hippocrates Café & Presentation of Family Medicine Midwest Awards (Scandinavian Ballrooms 2-4)						
8:30 AM - 5:00 PM	Invigoration Station Open (Odense & Denmark Commons)						
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	Track 7
	New Sweden 1	New Sweden 2	Norway 1	Norway 2	Norway 3	New Sweden 3	Scandinavian 1
9:00 AM	SA01 - Women in Medicine: Careers and Family	SA02 - Professionalism in Medical Education: Is What You See What You Get?	SA03 - “Building “The Ladder”, a Longitudinal Project for Medical Student and Resident, Engagement and Mentorship, in an At Risk Community”	SA04 - Narrative as Advocacy: Effectively Telling Stories to Change the SLWorld!	SA05 - Teaching Contraception Using CDC Guidelines for Women with Co-morbidities: Does 2+2=2,3, or 4?	SA06 - The Beat Goes On...Cardiac Auscultation	SA07 - The Future of Family Medicine: What Medical Students have to Look Forward To
10:00 AM	SA08 - Driving Us Crazy: Helping Seniors Stay Safe on the Road	SA09 -From Individuals to Populations: Engaging Residents in Learning About the Forest AND the Trees	SA10 - Grassroots Movements on Death Bring Life Through Food and Drink	SA11 - JNC 8: Review, Practice and Dissenting View	SA12 - Managing Common Dental Health Concerns	SA13 - Teaching Osteopathic Manipulation to Allopathic Physicians	SA14 - Public Narrative: A Critical Leadership Tool for Building Teams in Family Medicine
11:00 AM	SA15 - Strength in Numbers: Implementing a Group Weight Loss Program	SA16 - Recognizing and Addressing Stigma in Family Medicine Training	SA17 - A Direct Observation Tool for Residents-As-Teachers	SA18 - Running with the Big Dogs: Insuring Medical Student Success in Going from Books to Bedside	SA19- Blood Pressure Goals for Our Elderly Patients: A Review of the Evidence and its Clinical Implications	SA20 - A Shot in the Arm for Childhood Vaccines	SA21 - Office Based Manual Vacuum Aspiration for Uterine Evacuation (aka: Papaya Workshop)
12:00 PM - 1:30 PM	PL02 - Speed Date Your Specialty Lunch (Fjords Ballroom)						
1:30-2:00				PP01 - Poster Session 1 (Denmark Commons)			
2:00 PM 4:00 PM	Residency Fair (Scandinavian Ballroom)						
4:00 PM 5:00 PM	Fellowship & Healthcare Recruiter Fair (Scandinavian Ballroom)						
	Panel Presentations						
	Norway 1	Norway 2		Norway 3		Scandinavian 1	
4:00 - 4:55 PM	SA22 - School Health And Risk Prevention Education (SHARPE) - A resident-driven in-school health education project	SA23 - The Power of Interdisciplinary and Interprofessional Collaboration in an Academic Institution		SA24 - Integration of Collaborative Mental Health Care into Primary Care Practice AND Residency-Depression and Beyond...		SA25 - Discussion Panel on Coordinated Care Initiatives for Super-Utilizer Patients	
4:00 PM 5:00 PM	ADFM Chairs Meeting (Oslo)						
	Dinner on your own! Consult the visitor’s guide in your welcome bag!						
5:00 PM 7:00 PM	FMIG Leaders Dinner - Sponsored by the AAFP (invite only) (Fjords ballroom)						

	Sunday October 12						
7:30 AM - 10:00 PM	Registration <i>(Denmark Commons)</i>						
7:30 AM	Breakfast Opens						
7:45 AM 8:45 AM	PL03 - Delivering New Value for High Risk Patients and Their Families - David Moen, MD <i>(Scandinavian Ballrooms)</i>						
8:30 AM	Invigoration Station Open <i>(Odense & Denmark Commons)</i>						
8:30 AM - 9:00 AM				PP02 - Poster Session 2 (Denmark Commons)			
	Seminars						
9:30 AM - 10:30 AM	Norway 1	Norway 2		Norway 3		Oslo	
	SU01 - Values Clarification Around Patient Sexual Decision-Making	SU02- Find It Fast: Finding Answers to Clinical Questions at the Point of Care		SU03 - Don't let them Bug You: How to Recognize and Treat Bug Bites, Infestations, and Arthropod-borne Illnesses		SU04- A Taste of Motivational Interviewing	
	Research / Paper Presentations						
	Norway 1	Norway 2		Norway 3		Oslo	
10:30 AM - 10:45 AM	SU05 - Fostering a Culture of Accountability and Respect: Resident Leadership and Development of a Professionalism Curriculum	SU06 - Making Choices: Factors Influencing Medical Student Application to Residency		SU07 - Pilot Controlled Study on the Effects of Meditation on Quality of Life in Addiction Recovery		SU08 - Effects of a Student-Initiated Test Preparation Curriculum Redesign on USMLE Step 1 Examination Scores	
10:50 AM - 11:05 AM	SU09 - Urgent Care Connection: A Novel Approach to the Medical Home	SU10 - The Primary Care Workforce: Composition, Cost and Complexity		SU11 - STIs and (hopefully not) YOU!		SU12- Implementation of a Group Prenatal Care Curriculum in a Residency-Based Clinic: A Feasibility Study	
11:10 AM - 11:25 AM	SU13 - Predicting Homelessness from Medicaid Claims	SU14 - The impact of a pre-travel global health course and international health experiences on medical student perspectives, attitudes and beliefs regarding global health		SU15 - Medical Student Decision Making Regarding Public Health Training		SU16 - Predicting Health Care Utilization with the Patient Activation Measure and a Single Item General-Self Rated Health Measure	
11:30 AM - 11:45 PM	SU17 - Obesity High Five! Training Residents, Faculty, and Medical Students to Take On Obesity	SU18- Redesign of the Fourth Year of Medical School: Emphasizing the Continuum from Medical School to Residency		SU19 - Changing Times: Analysis of a Transition of a University Administered to University Affiliated Family Medicine Community Residency Program		SU20 - Understanding Pimping as a Rite of Passage: An Enduring Cultural Practice in Medical Education	
12:00 PM 1:00 PM	Host & Planning Committee Wrap-up Meeting <i>(New Sweden 1 Room)</i>						

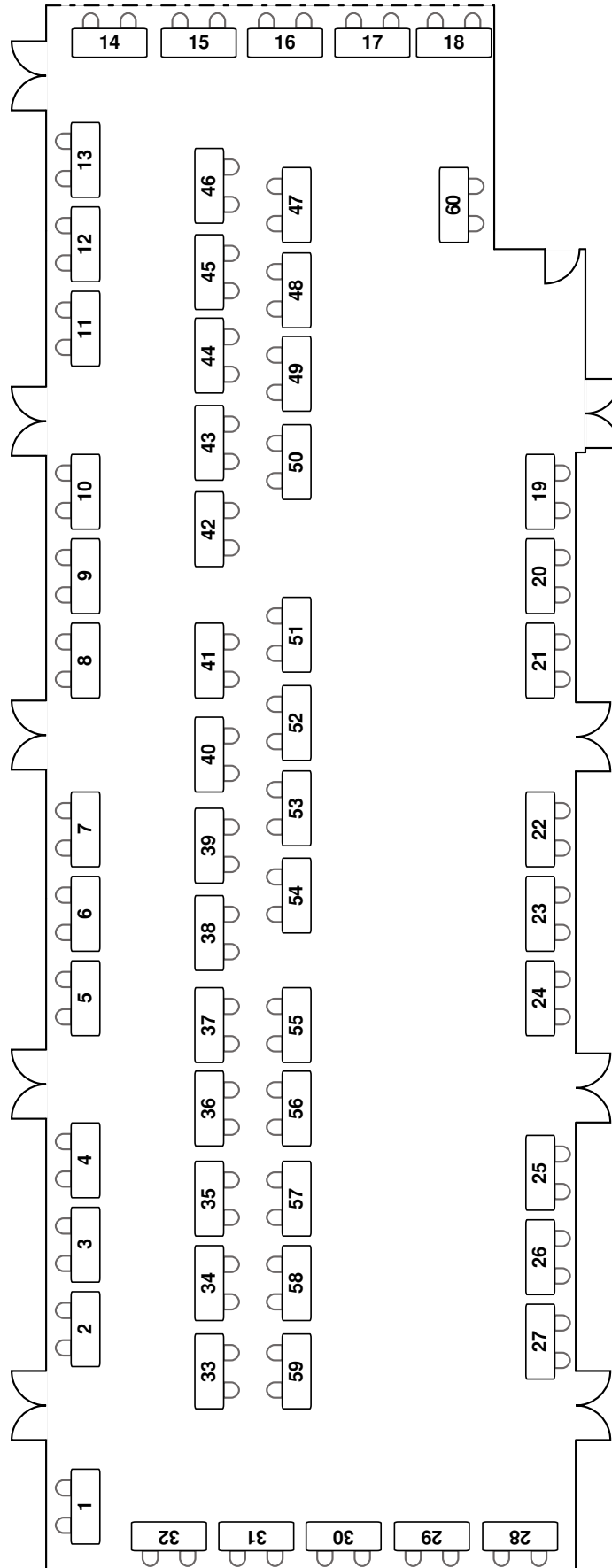
Speed Date the Specialty Lunch

Grab a seat at any table and let the wonderful world of family medicine come to you! Family physicians from a variety of practice settings and career paths will spend a few minutes discussing their family medicine life with students and residents. Each table will hear from three different presenters during the lunch and have the opportunity to ask questions. The full list of family physician speed daters is below. If you wish to connect with one that did not present at your table, please visit the registration table to see if the physician left business cards for follow up contact.

Speaker	Topic	Affiliation
Robert "Bob" Levy, MD	Addiction Medicine	North Memorial FMR and Hazelden AODA
Kirsten Rindfleisch MD	Community Health	University of Wisconsin - Madison
Irene Hamrick MD	Geriatrics	U of Wisc Madison
Shailendra Prasad MD	Global Health	University of MN
David Deci MD	Healthcare for homeless	U of Wisc Madison
Renee Crichlow MD	Health policy/systems	University of MN
Kim Clinite	Specialty choice	University of Chicago student
Jerica Berge PhD MPH	Motivational interviewing	University of MN
Lacey Running Hawk MD	Native American health	United FM Residency
Carolyn Lopez MD MPH	Policy and advocacy	Chicago Board of Health
Kate Rowland MD	Research	University of Chicago
John McCabe MD	Residency interviewing/Dual accreditation	University of MN
Mark Gideonsen MD	Rural health Amish	University of Wisc Augusta
Donald Hughes MD	Rural health	Riverwood Healthcare Aitkin, MN
Kathleen Carr MD	Sports medicine	U of Wisc Madison
Carrie Link MD	Transgender healthcare	University of MN
Joan Hamblin MD	Career/personal balance	University of Wisconsin EauClaire
Lauren Giammar MD	Women's health	U MN Fairview FMR
Mark Nelson	Performing arts	U MN student
Jarrold Yamanaka MD	Hand balancing	Hennepin Co FMR
Katheryn Lauer MD	Palliative medicine/hospice	Essentia Health Duluth
Nicole Chaisson MD	Miscarriage management	University of MN
Carolyn Torkelson MD	Women's health	University of MN

Choose a seat at lunch and our family medicine speakers will come to you to share their experience from their family medicine practice settings. This is a wonderful way to learn about how family medicine cares for people in all walks of life. Stay in your seats and let the speed dating speakers come to you!

Scandinavian Ballroom
 Family Medicine Residency Programs, Employers and
 Fellowships
 Open 2:00-5:00 p.m. on Saturday



Residency Program Exhibitors In the exhibit hall

Program	State	Booth #
Mercy Family Medicine Residency Program	IA	25
Siouxland Medical Education Foundation	IA	28&29
** Demonstration Vacuum Assisted Delivery		
Cedar Rapids Medical Ed Foundation	IA	31
Iowa Lutheran Hospital and University of Iowa	IA	32
Mercy Family Medicine Residency Program	IA	27
University of Chicago (NorthShore) Family Medicine	IL	43
Advocate Christ Family Medicine	IL	8
MacNeal Family Medicine Residency	IL	10
University of Illinois at Rockford	IL	45
SIU Center for Family Medicine - Springfield	IL	46
University of Illinois at Chicago	IL	44
McGaw Medical Center at Northwestern and Lake Forest	IL	11
Adventist Hinsdale Hospital	IL	12
UIC/Advocate Illinois Masonic Family Medicine Residency	IL	13
West Suburban Medical Center	IL	14
Advocate Lutheran General Hospital Family Medicine	IL	15
Cook County Loyola Provident Family Medicine	IL	60
Memorial Family Medicine Residency	IN	47&48
** Demonstration		
Franciscan St. Francis	IN	49
St. Vincent Family Medicine Residency	IN	18
IU-Methodist Family Medicine Residency	IN	17
St. Joseph Regional Medical Center	IN	16
IU Ball Memorial	IN	30
University of Kansas Family Medicine Residency	KS	58
Mercy Memorial Hospital	MI	Porch 1
Allina Health United Family Medicine Residency	MN	2
U of M Department of Family Medicine and Community Health	MN	33
U of M Duluth Family Medicine Residency Program	MN	34
U of M Mankato Family Medicine Residency Program	MN	35
U of M Methodist Family Medicine Residency Program	MN	36
U of M North Memorial Family Medicine Residency Program	MN	37
U of M St. Cloud Hospital Family Medicine Residency Program	MN	38
U of M St. John's Hospital Family Medicine Residency Program	MN	39
U of M St. Joseph's Hospital Family Medicine Residency Program	MN	40
U of M Medical Center Family Medicine Residency Program	MN	41
Mayo Clinic Family Medicine Residency	MN	3
University of Missouri Family Medicine	MO	57
University of North Dakota Rural Track	ND	5&6
** Demonstration		
Altru Family Medicine Residency	ND	7
Rapid City Regional Hospital Family Medicine Residency	SD	22
Sioux Falls Family Medicine Residency	SD	24
Lacrosse-Mayo Family Medicine Residency	WI	51
University of Wisconsin Dept. of Family Medicine	WI	52
Aurora Family Medicine Residency - St. Luke's	WI	53

Corporate Supporters, Employers and Recruiters

Inside the Exhibit Hall on Saturday

Name	Booth #
Gundersen Health System	1
Sanford Health	4
Allina Health	9
AcuteCare	20
Winona Health Services	23
Mayo Clinic	26
Fairview Health Services	21
Park Nicollet	50
Affiliated Community Medical Centers	54
Essentia Health	59
Adkisson Search Consultants	30
Ministry Health Care - Clinician Services	56
Prevea Health	55
EBSCO Health	19
HealthPartners	42

Exhibitors throughout the Denmark Commons

Visit with them throughout the weekend

Avera Medical Group
Bemidji Area Indian Health Service
Medical Advanced Pain Clinics (MAPS)
Medical Associates Clinic & Health Plans
Mercy Memorial Hospital System
MN Office of Rural Health and Primary Care
Monsanto
Navajo Area Indian Health Service
NeedyMeds
North Clinic
Primary Care Progress
RHEDI - Reproductive Health Education in Family Medicine
The Inline Group
Wisconsin Collaborative for Rural GME (WCRGME)



Fellowship Fair for Residents Saturday from 4-5pm – Exhibit Hall

Explore the Exhibit Hall and meet with fellowship representatives affiliated with our exhibiting programs. Resident attendees will be able to visit with the fellowship faculty any time between 4:00-5:00p.m. This time frame ensures that those residents who are staffing their program's exhibit booth have ample time to visit with fellowship representatives.
These fellowships have pre-registered for the Fellowship Fair. Others may be added after this program booklet has gone to print.

Primary Care Sports Medicine Fellowship

Indiana University School of Medicine – Indianapolis <http://iufammed.iupui.edu/education/spme-fellowship/>
Eric Kimes ekimes@iupui.edu and 317-278-0118

The Indiana University School of Medicine – Primary Care Sports Medicine Fellowship provides a unique opportunity for fellows to experience primary care sports medicine in a variety of settings from the leaders in the field. Fellows will become experts in primary care sports medicine evaluation and assessment of disease/injury as well as prevention, and long-term rehabilitation plans.

TeachFAC (Teaching for Healthy Families and Communities)

John H. Stroger Hospital, Chicago

Alicia Vazquez, MD avazquez92@msn.com Phone: 312-864-0675

Stephanie Tillman, Program Coordinator stephanie1567@gmail.com Phone: 312-864-0675

"Teaching for Healthy Families and Communities": is a part-time, year-long faculty development fellowship in teaching skills, curriculum design and policy development. Fellows are recruited from their current teaching positions to participate in 4-1/2 onsite block weeks from September through May; special interest areas: Maternal & Child Health, Geriatrics, and Public Health Policy & Advocacy for medically underserved communities.

Urgent Care & Academic Development

Univ. of Illinois at Rockford in Rockford, IL www.rockford.medicine.uic.edu

Jodi Pirrello fellowrockford@uic.edu

The urgent care fellowship is a one-year program that combines longitudinal experience at urgent care sites, specialty rotations and didactic training. The academic development fellowship is a one-year program (optional second year) designed to prepare a physician for a successful academic career.

Primary Care Research, Addiction Medicine & Complementary and Alternative Medicine

Dept. of Family Medicine Univ. of Wisconsin - Madison

Terry Little www.fammed.wisc.edu/fellowships

Trains primary care physicians and PhD scientists for research-oriented careers related to the organization, delivery or effectiveness of primary health care and preventive medicine.

Provides training to family physicians with an interest in becoming board certified in the newly recognized specialty of addiction medicine.

Provides training to individuals aiming for careers in health science research related to complementary and alternative medicine.

Sports Medicine

Advocate Lutheran General Park Ridge, IL

Kara Vormittag and Philip Skiba <http://www.advocatehealth.com/lghsportsmed>

Our training program is focused on the complete management of the athlete, from training and nutrition, to injury management and rehabilitation, to a speedy and safe return to play. Our main academic objective is training fellows to become world leaders in the field, able to practice in any area of sports medicine they choose.

Other Residency Programs in the Hall that have Fellowships include:

Palliative Care: University of Chicago/NorthShore University Health Systems, Mayo Clinic

Sports Medicine: MacNeal Hospital, University of Illinois at Chicago, St. Vincent, Memorial Hospital. University of Minnesota and University of Chicago

Obstetrics – Univ. of Minnesota, West Suburban

Adolescent Medicine- Univ. of Minnesota

Faculty Development: University of Missouri, University of Iowa

Geriatrics: University of Iowa

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Chicago College of Osteopathic Medicine

Allison Couture

Chicago Medical School at Rosalind Franklin University of Medicine and Science

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Des Moines University

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Indiana University School of Medicine

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2014 Scholarship Providers

Generous donations from these individuals, organizations, institutions and businesses provided free registration and travel support for students from Midwest medical schools to attend Family Medicine Midwest this year.

American Academy of Family Physicians	Patricia (Pita) Adam, MD
Abbas Hyderi, MD	Rachel Bennett, MD
Adventist Hinsdale Family Medicine Residency	Richard Roberts, MD, JD
Allina Health	Risheet Patel, MD
Andrew Slattengren, DO	Rush Medical College Department of Family Medicine
Asim Jaffer, MD	Smiley's Clinic
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Mayo Clinic	
Medical College of Wisconsin Department of Family and Community Medicine	
Mercy Hospital (IA) Family Medicine Residency	
Minnesota Academy of Family Physicians	

Family Medicine Midwest Awards 2015

This is our call for 2015 Family Medicine Midwest Awards! All Family Medicine Midwest Awards recipients will be honored during the 2015 Family Medicine Midwest Conference October 9-11 in Rosemont, Illinois (Chicago). *Travel expenses are not included, but any student award recipient would be provided a standard Family Medicine Midwest scholarship.* A nomination should include a 2-page maximum letter summarizing the individual's contribution and a copy of the nominee's resume. Nominations will be received through July 31, 2015. The nominations will be reviewed by the Family Medicine Midwest Awards Subcommittee.

The Power to Change Our World Award:

Family physicians have a long tradition of leadership in the communities in which they live and work. This award recognizes those who have developed innovative projects and programs that have had a positive impact on their world. The Power to Change Our World Award recognizes family physicians, residents and students who have demonstrated significant achievement in promoting the health and well-being of the community, either at the local, state, national or international level. Physicians, residents and students will be judged in separate categories from each other.

Nominees must live and/or work in one of the 12 states (IA, IL, IN, KS, KY, MI, MN, MO, NE, ND, SD, WI) at the time of nomination. The award looks to recognize efforts and innovations that made a significant impact on the health and well-being of any community at large (local, regional or global). The nominees should be currently alive and active in their project. Nominations may include recently retired individuals. Their efforts should have had a demonstrable impact on a group or groups of people in the community at large. All nominees must be members of AAFP.

Mid-Career Faculty Achievement Award:

This award will acknowledge one mid-career (five to twelve years of academic experience) faculty member who has demonstrated significant achievement. The intent of this recognition is to honor the up-and-coming difference-making faculty who have not yet received tenure approval or otherwise been highly recognized for their efforts. *Senior faculty members (i.e., faculty members who have been approved for tenure or who have received substantial recognition from national organizations) should not be nominated for this award.*

To be considered for this award, a faculty member may have:

- Written articles, books, manuscripts or other academic materials which reveal a significant intellectual contribution to the field of family medicine and health care delivery;
- Designed and implemented curricular innovations which have made a significant impact on learners such as faculty, residents, students, patients and their family members and/or the community at large. These innovations should include impact studies describing the effectiveness of their intervention;
- Designed and implemented health care programs which have had a measurable impact on those served by the program;
- Designed and implemented research and other scholarly initiatives that have contributed to the scientific inquiry within an area of interest to the field of family medicine;
- Designed and implemented administrative programs that have had a demonstrable effect on the productivity of the organizations where they were implemented.

2015 Awards Nomination Form *Must be submitted by July 31, 2015*

I wish to nominate (name): _____ Email _____

Institution Name: _____

_____ **Mid-Career Achievement** _____ **Power to Change Our World**

Your name: _____

Email: _____ Phone: _____

Please return this form and your 2-page (maximum) support letter describing the nominee to:

FAMILY MEDICINE MIDWEST AWARDS

4756 Main St. Lisle, IL 60532 Fax 630-559-0739 or emailed to gflynn@iafp.com

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CONTACT

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Fargo, ND Region
Jill Gilleshammer, Eastern North Dakota,
Central Minnesota and Western Minnesota
(701) 417-4852 or (800) 437 4010
Jill.Gilleshammer@sanfordhealth.org

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Jennell Prentice Endrizzi, Physician Recruiter
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Saturday, October 11th

SA01 - Women in Medicine: Careers and Family

Speaker(s): Kate Rowland, MD, MS, University of Chicago; Mari Egan, MD, MHPE, University of Chicago; Sonia Oyola, MD, University of Chicago; Catherine Plonka, MD, UIC/AIMMC Family Medicine Residency Program

Intended Audience: F, R, S

Learning Objectives: On completion of this session, the participants should be able to: 1: Discuss the opportunities and challenges some women encounter while progressing through careers in family medicine, 2: Describe several models for careers in family medicine that include academics, practice, and family, 3: Explain strategies for making choices regarding career and family options in training, early and mid-career.

SA02 - Professionalism in Medical Education: Is What You See What You Get?

Speaker(s): Mark Beamsley, MD, University of Wisconsin School of Medicine and Public Health; Christie Legler, ACUME, University of Wisconsin School of Medicine and Public Health; David Deci, MD, University of Wisconsin School of Medicine and Public Health

Intended Audience: F, P

Learning Objectives: 1: Identify the importance of professionalism as it relates to medical student education and its prognostic factor for future career behaviors, 2: Outline various definitions of professionalism and the diverse approaches that exist to assess professionalism behaviors in medical student education, 3: List 3 strategies to address professionalism behaviors, 4: Identify learning opportunities in student education (both pre-clinical and clinic) that highlight the importance of professionalism.

SA03 - Building "The Ladder", a Longitudinal Project for Medical Student and Resident, Engagement and Mentorship, in an At Risk Community

Speaker(s): Renee Crichlow MD,FAAFP, University of Minnesota; Betsy Gilbertson, MD, University of Minnesota North Memorial Family Medicine Residency

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to - 1: Explain the meaning of the phrase progressive mentorship. 2: Understand and be able to identify the traditional challenges in academic and at risk community partnerships. 3: Understand and discuss the challenges of operating a program following the "Winbush Principles of Community Engagement" , Do something, adapt to local needs, and stick with it.Stay lean, last long. 4: Understand the need for and Identify potential community partnerships for networking support of a longitudinal healthcare pipeline program.

SA04 - Narrative as Advocacy: Effectively Telling Stories to Change the World!

Speaker(s): Drew Lee, MD, MA, Advocate Lutheran General Family Medicine Residency

Intended Audience: ALL

Learning Objectives: 1: List the 3 components of a public narrative, 2: Analyze stories using the public narrative format, 3: Craft your own narrative using the public narrative format, 4: Apply the public narrative format to compose a letter-to-the-editor.

SA05 - Teaching Contraception Using CDC Guidelines for Women With Co-morbidities: Does 2+2=2,3, or 4?

Speaker(s): Erin Hendriks MD, Wayne State University Family Medicine; Jill Sadoski, MD, Wayne State University Family Medicine Residency; Lauren Oshman, MD, MPH, FFAFP, University of Chicago Pritzker School of Medicine, University of Chicago (Northshore) Family Medicine Residency Program; Nicole Steineke, MD, University of Chicago Northshore Family Medicine Residency Program

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Apply the CDC US Medical Eligibility Criteria for Contraceptive Use (MEC) to women with more than one medical condition. 2: Summarize the evidence used to

**** To assist attendees, the Intended Audience is indicated for each session : F - Faculty, P - Physicians, R - Residents, S – Students ****

calculate the risk category for common contraceptives. 3: Demonstrate how to safely select a contraceptive for women with multiple medical conditions.

SA06 - *The Beat Goes On...Cardiac Auscultation* (LIMITED TO THE FIRST 20 PARTICIPANTS)

Speaker(s): Ruth Westra DO, MPH, University of Minnesota Medical School Duluth; Alan Johns, MD, Med, University of Minnesota Medical School Duluth

Intended Audience: ALL

Learning Objectives: 1: To review common heart murmurs, 2: To distinguish heart murmurs by auscultation using simulation tools, 3: To analyze cases and describe the heart murmur identified.

SA07 - *The Future of Family Medicine: What Medical Students Have to Look Forward To*

Speaker(s): Stan Kozakowski, MD, American Academy of Family Physicians; Ashley Bentley, MBA, American Academy of Family Physicians

Intended Audience: ALL

Learning Objectives: By the end of the workshop, FMIG leaders will - 1: Describe the purpose and methods of the Family Medicine for America's Health: Future of Family Medicine 2.0 project (FMAH). 2: Describe the role of the 21st century family physician, including key attributes, practice scope, and role within the health care system. 3: Describe core strategies that people can expect from FM in the next 5 years & expected changes by the time today's medical students reach practice. 4: Articulate common myths arguments about FM encountered during medical school and provide appropriate counter arguments.

SA08 - *Driving Us Crazy: Helping Seniors Stay Safe on the Road*

Speaker(s): Victoria Braund, MD, NorthShore University HealthSystem

Intended Audience: ALL

Learning Objectives: 1: Describe the epidemiology of senior and accidents and fatalities, 2: Compare and contrast the state reporting laws-Illinois vs Minnesota, 3: Describe the medical evaluation of an at-risk senior who is driving, 4: Apply the evaluation steps and plan to case scenarios of seniors who are at risk, 5: Practice communication to persuade a senior to stop driving due to risky behaviors or deficient skills.

SA09 - *From Individuals to Populations: Engaging Residents in Learning About the Forest AND the Trees*

Speaker(s): Jennifer Lochner, MD, University of Wisconsin-Madison Department of Family Medicine; Robin Lankton, MPH, CHES, University of Wisconsin-Madison Department of Family Medicine; Kirsten Rindfleisch, MD, University of Wisconsin-Madison Department of Family Medicine

Intended Audience: ALL

Learning Objectives: 1: Engage colleagues and learners in a discussion of the importance and relevance of community and population health to the daily work of family physicians, 2: Create population health teaching modules relevant to one's local community, 3: Utilize data sets to inform local community health outreach efforts.

SA10 - *Grassroots movements on death bring life through food and drink.*

Speaker(s): Dan Bulf, Bold Experiences, Inc.

Intended Audience: ALL

Learning Objectives: 1: Become familiar with two fast-growing social interactions that promote wellbeing through talk about death and dying. 2: Understand a four-quadrant approach to defining perceptions of a "good death." 3: Review data on potential efficacy of these approaches.

**** To assist attendees, the Intended Audience is indicated for each session : F - Faculty, P - Physicians, R - Residents, S – Students ****

SA11 - JNC 8: Review, Practice and Dissenting View

Speaker(s): Lesbia Adalgisa Rodriguez, MD, Cook County-Loyola-Provident Family Medicine Residency Program; Alicia Vazquez, MD, Cook County-Loyola-Provident Family Medicine Residency Program

Intended Audience: R, S

Learning Objectives: On completion of this session, the participants should be able to: 1. Compare JNC7 and JNC 8 guidelines. 2. Discuss and compare the evidence used to develop both guidelines. 3. Identify important recommendation changes on JNC8. 4. Apply new guidelines to clinical scenarios. 5. Analyze and engage in discussion of dissenting opinion by minority panel members.

SA12 - Managing Common Dental Health Concerns

Speaker(s): A. Ildiko Martonffy, MD, IBCLC, University of Wisconsin Department of Family Medicine; Thomas Hahn, MD, University of Wisconsin Department of Family Medicine - Madison

Intended Audience: ALL

Learning Objectives: On completion of this session, the participant should be able to: 1: Describe evidence-based recommendations for prevention of dental disease in adults and children, and discuss the systemic effects of untreated dental disease, 2: List risk factors for dental trauma and discuss recommendations for its prevention, 3: Describe appropriate treatment and follow up for the types of traumatic dental injuries that most commonly present to primary care, 4: Describe reasons for referral of a patient for orthodontic care and discuss the appropriate management of minor complications that commonly occur with orthodontic hardware, 5: Describe the potential adverse health effects of edentulism and proper care of dentures and implants.

SA13 - Teaching Osteopathic Manipulation to Allopathic Physicians (LIMITED TO THE FIRST 40 PARTICIPANTS)

Speaker(s): Luke Widstrom, DO, University of Minnesota - North Memorial Family Medicine Residency; Andrew Slattengren, DO, University of Minnesota - North Memorial Family Medicine Residency; Tanner Nissly, DO, University of Minnesota - North Memorial Family Medicine Residency; Camille DeLisi, DO, University of Minnesota - North Memorial Family Medicine Residency

Intended Audience: ALL

Learning Objectives: Participants will be able to: 1: Explain the basic history of osteopathic medicine, 2: Appreciate differences between osteopathic and allopathic medicine; 3: Appropriately refer patients for osteopathic manipulation, 4: Demonstrate and utilize basic osteopathic techniques; 5: Explain the rationale for teaching osteopathic manipulation to allopathic physicians apply this teaching to practice.

SA14 - Public Narrative: A Critical Leadership Tool for Building Teams in Family Medicine

Speaker(s): Stephanie Aines, Primary Care Progress; Peter Meyers, MPH, University of Minnesota

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Build strong interdependent teams of diverse health professionals, whether those teams are focused on advocating for family medicine or delivering high value clinical care to patients and populations; 2: Develop and share a meaningful public narrative structured around unique choice points from their own personal leadership experience. 3: Coach and train others on developing their own public narrative.

SA15 - Strength in Numbers: Implementing a Group Weight Loss Program

Speaker(s): Jill Sadoski, MD, Chief Resident, Wayne State University Family Medicine Residency; John Otremba, PharmD, MD, Wayne State University Dept. of Family Medicine; Erin Hendriks, MD, Wayne State University/Sinai Grace Residency Program

Intended Audience: F, P, R

Learning Objectives: On completion of this session, the participants should be able to: 1: Describe the benefits of a multidisciplinary approach to group weight loss visits, 2: Model a mindful eating exercise, 3: Identify barriers to initiating group visits, 4: Develop a plan to initiate group weight loss visits at their own institutions.

**** To assist attendees, the Intended Audience is indicated for each session : F - Faculty, P - Physicians, R - Residents, S – Students ****

SA16 - Recognizing and Addressing Stigma in Family Medicine Training

Speaker(s): Nicole Chaisson, MD, MPH, University of Minnesota Medical Center, Smiley's Family Medicine Residency Program; Catie Glatz, BA, MS4, University of Minnesota Medical School; Cora Walsh, MD, MSc, PGY3, University of Minnesota North Memorial Family Medicine Residency; Tiffany Wang, MS4, University of Minnesota Medical School

Intended Audience: ALL

Learning Objectives: By the end of this session, participants will be able to: 1: Describe 2-3 ways that stigma affects patients, learners, and faculty, 2: Identify at least one reason why it is critical to provide stigmatized care in the family medicine setting, 3: Develop strategies for addressing stigma with learners in the family medicine setting.

SA17 - A Direct Observation Tool for Residents-As-Teachers

Speaker(s): Tanuja Sharma, MD, University of Chicago Northshore Family Medicine Residency Program; Janice Benson, MD, University of Chicago Northshore Family Medicine Residency Program; Kimberly Clinite, University of Chicago Pritzker School of Medicine Medical; Lauren Oshman, MD, MPH, FAAFP, University of Chicago Pritzker School of Medicine, University of Chicago (Northshore) Family Medicine Residency Program

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants will be able to: 1: Describe three techniques commonly used by resident physicians precepting medical students, 2: Demonstrate the use of a direct observation tool to evaluate a resident teacher precepting a medical student; 3: Explore potential applications for this tool and process in their own residency programs.

SA18 - Running with the Big Dogs: Insuring Medical Student Success in Going from Books to Bedside

Speaker(s): David M. Deci, MD, University of Wisconsin Department of Family Medicine

Intended Audience: S

Learning Objectives: On completion of this session, the participants should be able to: 1: Name at least three developmental tasks to be accomplished during the MS 3 Year, 2: Identify at least three "tips" for insuring personal and professional success during the clinical years, 3: Identify three attributes of professionalism, 4: Recall at least three instances where "professionalism matters" in clinical care.

SA19 - Blood Pressure Goals for Our Elderly Patients: A Review of the Evidence and its Clinical Implications

Speaker(s): Ola Khraiweh, MD, Cedar Rapids Medical Education Foundation; Jody Harmsen, MD, Cedar Rapids Medical Education Foundation; Kelly Hoenig, Pharm.D., BCPS Cedar Rapids Medical Education Foundation

Intended Audience: ALL

Learning Objectives: 1: Review the many conflicting current blood pressure guidelines for elderly patients, highlighting JNC 8; 2: Compare and contrast levels of evidence supporting these guidelines; 3: Discuss implementation of new blood pressure guidelines in our elderly patient population.

SA20 - A Shot in the Arm for Childhood Vaccines: Understanding Vaccine Hesitancy Among Minnesota's Somali Parents

Speaker(s): Emily Wolff, MS4, University of Minnesota Medical School; Diane Madlon-Kay, MD, MS Smiley's Family Medicine Residency Program, University of Minnesota Department of Family Medicine and Community Health

Intended Audience: ALL

Learning Objectives: By the end of this presentation, participants should be able to: 1: Recognize that Minnesota Somali parents are less likely to vaccinate their children for MMR (measles, mumps, rubella), 2: Identify barriers to MMR vaccination, 3: Understand factors that influence vaccination decision making by Somali parents, 4: Discuss the potential role of interpreters on parental vaccine decisions, 5: Recognize the positive impact that training can have on interpreter perception and knowledge of childhood vaccines.

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SA21 - Office Based Manual Vacuum Aspiration for Uterine Evacuation (aka: Papaya Workshop)

(LIMITED TO THE FIRST 30 PARTICIPANTS)

Speaker(s): Kristie Monast, MS Ed, Midwest Access Project; Aishah Covington Simms, MD, SIU School of Medicine, Family & Community Medicine; Tabatha Wells, MD, Southern Illinois University School of Medicine, Family and Community Medicine; Santina Wheat, MD, MPH, Northwestern McGaw Family Medicine Residency Erie Family Health Center

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Describe clinical situations where use of a manual vacuum aspirator would be medically appropriate, 2: Explain steps to a uterine evacuation procedure, 3: Demonstrate use of a manual vacuum aspirator.

SA22 - School Health And Risk Prevention Education (SHARPE) - A Resident-Driven In-School Health Education Project

Speaker(s): Kwanza Devlin, MD, University of North Dakota - Center for Family Medicine - Minot

Intended Audience: ALL

Learning Objectives: 1: Explain what the SHARPE program is and how it can benefit their community, 2: Implement the SHARPE program at their institution, 3: Begin collaboration with other sites interested in the SHARPE program.

SA23 - The Power of Interdisciplinary and Interprofessional Collaboration in an Academic Institution

Speaker(s): Pita Adam, MD, MSPH, Department of Family Medicine and Community Health, Smiley's Residency Program; Heather Thompson-Buum, MD, University of Minnesota, Department of Internal Medicine; Emily Borman-Shoap, MD, University of Minnesota, Department of Pediatrics ; Keri Hager, PharmD, BCPS, University of Minnesota, College of Pharmacy

Intended Audience: ALL

Learning Objectives: 1: To present the work done by the Minnesota Primary Care Transformation Collaborative; 2: To illustrate the power of interdisciplinary and interprofessional collaboration; 3: To reflect on the opportunities and challenges of interprofessional collaboration.

SA24 - Integration of Collaborative Mental Health Care Into Primary Care Practice AND Residency-Depression and Beyond...

Speaker(s): Kurt Angstman, MS, MD, Mayo Family Medicine Rochester; Robert Bonacci, MD, Mayo Clinic College of Medicine; Jay Mitchell, MD, Mayo Clinic Rochester; Cesar A. Gonzalez, PhD, ABPP, LP, Mayo Clinic

Intended Audience: ALL

Learning Objectives: 1: Attendees will develop an understanding of how a collaborative care model works for the treatment of depression, anxiety and alcohol abuse. 2: Attendees will understand how each member of the team participates in management of the care and opportunities and challenges of integrating mental health providers into primary care clinics and residency sites. 3: Attendees will demonstrate an understanding of the issues around developing pilot studies at residency sites and implementing multi-layered levels of change.

SA25 - Discussion Panel on Coordinated Care Initiatives for Super-Utilizer Patients

Speaker(s): Peter Meyers, MPH, University of Minnesota School of Medicine; David Moen, MD, Principal Consultant, MoenMD Consulting; Jeff Schiff, MD-MBA: the Medical Director of the Minnesota Health Care Programs at DHS (MN Department of Human Services); Paul Johnson, MD: Medical Director of the Coordinated Care Center at HCMC; Tracey Corliss, CHW: A community health worker with significant experience in the super-utilizer patient community at HCMC

Intended Audience: ALL

Learning Objectives: 1: Understand the definition of a super-utilizer patient and why they represent an important population for coordinated care initiatives, 2: Understand the strategies to study and care for this population developed by local health systems and the lessons learned from their implementation, 3: Understand the future of super-utilizer care in Minnesota and how their organization can get involved in collaborative efforts.

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Sunday, October 12th

SU01 - Values Clarification Around Patient Sexual Decision-Making

Speaker(s): Evelyn Figueroa, MD, UIC Family Medicine Residency; Finn Schubert, BA, Montefiore Medical Center; Lauren Casey, BA, Montefiore Medical Center

Intended Audience: ALL

Learning Objectives: By the end of this presentation, participants will be able to: 1: Identify 2-3 values clarification activities that may be used to initiate conversations about sexuality with learners, 2: Discuss 3 approaches to addressing situations in which they, or a colleague or learner, feel judgmental of or uncomfortable with a patient's sexual history.

SU02 - Find It Fast: Finding Answers to Clinical Questions at the Point of Care

Speaker(s): Thomas Hilts, DO, Grand Rapids Family Medicine Residency, Department of Family Medicine, Michigan State University College of Human Medicine

Intended Audience: ALL

Learning Objectives: At the end of the session, participants should be able to: 1: Relate the important elements of online medical resources, 2: Express the differences in the features of various information tools, 2: Use these tools and choose one that best fits their needs, 4: Incorporate these tools into their practice at the point of care.

SU03 - Don't Let Them Bug You: How to Recognize and Treat Bug Bites, Infestations, and Arthropod-borne Illnesses

Speaker(s): Wendy Biggs, MD, University of Kansas

Intended Audience: R, S

Learning Objectives: 1: State the common bites and infestations presenting to family physicians, 2: List the environmental factors predisposing people to bites and infestations, 3: Recognize the bite patterns of fleas, scabies, lice, ticks, bed bugs, and chiggers, 4: Identify the serious illnesses associated with particular arthropod vectors, 5: List the treatment and management options for common bites or infestations.

SU04 - A Taste of Motivational Interviewing

Speaker(s): Amber Cadick, PhD, HSPP, Union Hospital Family Medicine Residency; Kelly Ramsey, MD, Union Hospital Family Medicine Residency

Intended Audience: ALL

Learning Objectives: 1: Describe the theory and rationale behind motivational interviewing, 2: Distinguish basic tools of motivational interviewing from traditional communication styles, 3: Apply the tools and concepts of motivational interviewing to family medicine.

SU05 - Fostering a Culture of Accountability and Respect: Resident Leadership and Development of a Professionalism Curriculum

Speaker(s): Neha Sachdev, MD, Northwestern University McGaw Medical Center; Christopher Benavente, MD, Northwestern University McGaw Medical Center

Intended Audience: F, R, S

Learning Objectives: Upon completion of this session, attendees should be able to: 1: Explain peer-to-peer feedback sessions on inpatient service; 2: Understand CCC formalization with resident presence; 3: Describe formal feedback training – SBI Method.

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SU06 - Making Choices: Factors Influencing Medical Student Application to Residency

Speaker(s): Katherine Wright, MPH, Northwestern University Feinberg School of Medicine; Deborah Clements, MD, FAAFP, Northwestern University Feinberg School of Medicine; Elizabeth Ryan, Ed.D, Northwestern University Feinberg School of Medicine

Intended Audience: F, R, S

Learning Objectives: On completion of this session, participants should be able to identify the most and least important factors students consider when selecting family medicine residencies to apply for.

SU07 - Pilot Controlled Study On The Effects of Meditation On Quality Of Life In Addiction Recovery

Speaker(s): Diana Summanwar, MD, Indiana University, Omar Elahi, MBBS, Indiana University

Intended Audience: ALL

Learning Objectives: 1: Learn that meditation practices improve quality of life in the general population; 2: See how the recovery process is better measured by improvement in quality of life rather than measuring substance use and relapse rates; 3: Learn that non-conventional methods like meditation can complement pre-existing practices in addiction recovery.

SU08 - Effects of a Student-Initiated Test Preparation Curriculum Redesign on USMLE Step 1 Examination Scores

Speaker(s): Lindsay Schwartz, B.Sc., University of Illinois Chicago College of Medicine; Abbas Hyderi, MD, MPH, University of Illinois at Chicago; Matthew Lineberry, PhD, University of Illinois at Chicago College of Medicine; Yoon Soo Park, PhD, University of Illinois at Chicago College of Medicine

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Determine the successes and limitations of this particular student-initiated proposal that redesigned USMLE Step 1 preparatory curriculum in order to raise exam scores, 2: Apply aspects of this program model to other institution's USMLE Step 1 preparatory curricula.

SU09 - Urgent Care Connection: A Novel Approach to the Medical Home

Speaker(s): Donald Reese, MD, PCC Community Wellness Center; Michael Ly, MD, PCC Community Wellness Center

Intended Audience: ALL

Learning Objectives: 1: Describe the determining factors in how the upswing in urgent care cases can be affected by the medical home.

SU10 - The Primary Care Workforce: Composition, Cost and Complexity

Speaker(s): Joshua Freeman, MD, Department of Family Medicine, University of Kansas School of Medicine

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Explain the differences between the "complicatedness" of a task and the complexity of a practice, 2: Describe the difference in complexity of practice between family physicians, other primary care providers, and selected specialists, 3: Be able to associate practice breadth with complexity and provide input on how RVUs might be re-weighted.

SU11 - STIs and (Hopefully Not) YOU!

Speaker(s): Tabatha Wells, MD, Southern Illinois University School of Medicine, Family and Community Medicine; Tazeen Al-Haq, PGY-2, Southern Illinois University School of Medicine, Family and Community Medicine

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: State the Incidence, Prevalence, and Cost of STIs in the US, 2: State the Symptoms of STIs, 3: State the Treatment of STIs.

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SU12 - Implementation of a Group Prenatal Care Curriculum in a Residency-Based Clinic: A Feasibility Study

Speaker(s): Cora Walsh, MD, MSc, University of Minnesota North Memorial Family Medicine Residency; Tanner Nissly, DO, University of Minnesota Department of Family Medicine and Community Health, University of Minnesota North Memorial Family Medicine Residency; Betsy Gilbertson, MD, University of Minnesota North Memorial Family Medicine Residency; Laura Miller, MD, University of Minnesota Broadway Family Medicine Residency

Intended Audience: F, R, S

Learning Objectives: On completion of this session, the participants should be able to: 1: Name several demonstrated benefits of group prenatal care, 2: Discuss benefits and challenges to the implementation of a group prenatal care curriculum in a residency-based clinic, 3: Review preliminary data regarding attendance and patient and provider satisfaction with implementation of this curriculum.

SU13 - Predicting Homelessness from Medicaid Claims

Speaker(s): Elyse Reamer, BS, University of Michigan Medical School; Katherine Diaz Vickery, MD, MSc Hennepin County Medical Center, University of Minnesota; Stephanie Abel, MPH; Dana Soderlund, MPH; Danielle Robertshaw, MD

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Identify how homelessness affects health disparities and healthcare costs and explain why it is important to accurately identify homeless populations, 2: Critique current methods to identify homeless populations by evaluating the limitations of these methods, 3: Describe a potentially more reliable, more accurate model to predict homelessness by utilizing Medicaid claims and encounter data and the potential implications and applications of this model.

SU14 - The Impact of a Pre-Travel Global Health Course and International Health Experiences on Medical Student Perspectives, Attitudes and Beliefs Regarding Global Health

Speaker(s): Eric McDaniel, MS3, University of Minnesota Medical School Duluth; Thomas Baron, MS3, University of Minnesota; Audrey Bennett, Medical Student, University of Minnesota Medical School Duluth; Courtney Moors, MS3, University of Minnesota Medical School Duluth; Jacob Prunuske, MD, MSPH, University of Minnesota Medical School

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Describe common perspectives, attitudes and beliefs about global health held by medical students, 2: Describe factors that influence preclinical medical students to pursue summer international health experiences, 3: Describe the impact of a global health preparatory course on student perspectives of international health and healthcare, 4: Describe the impact of international health experiences on medical student perspectives, attitudes on beliefs about global health.

SU15 - Medical Student Decision Making Regarding Public Health Training

Speaker(s): Sarah McFarland, MPH, MS3, University of Minnesota Medical School; Robin Sautter, MS2, University of Minnesota Medical School; Peter Meyers, MPH, MS4, University of Minnesota Medical School; Amanda Honsvall, MS2, University of Minnesota Medical School Duluth; Jacob Prunuske, MD, MSPH, University of Minnesota Medical School Duluth

Intended Audience: ALL

Learning Objectives: 1: Identify medical students' perceptions of career benefits in pursuing an MPH degree, 2: Describe the factors that medical students consider when making a decision on whether or not to pursue an MPH degree, 3: Describe the relative influence of various factors in the decision making process.

SU16 - Predicting Health Care Utilization with the Patient Activation Measure and a Single Item General-Self Rated Health Measure

Speaker(s): Jonas Lee, MD, University of Wisconsin – Madison, School of Medicine and Public Health; Daniel Ziebell, University of Wisconsin – Madison, School of Medicine and Public Health

Intended Audience: ALL

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Learning Objectives: On completion of this session, participants will be able to: 1: Describe the Patient Activation Measure and General-Self Rated Health Measure, 2: Describe the outcomes predicted by these measures, 3: Describe the performance of these measures in predicting utilization in an urban family medicine residency.

SU17 - Obesity High Five!: Training Residents, Faculty, and Medical Students to Take On Obesity.

Speaker(s): Kjersti E Knox, MD, Aurora Health Care; Jacob Bidwell, MD, Aurora Health Care; Bethany Howlett, MD, MHS, Aurora Health Care

Intended Audience: ALL

Learning Objectives: On completion of this session, the participants should be able to: 1: Identify five core health factors that contribute to obesity, 2: Utilize an obesity "roadmap" to treat obese patients, 3: Teach other faculty, residents, and medical students how to approach obesity.

SU18 - Redesign of the Fourth Year of Medical School: Emphasizing the Continuum from Medical School to Residency

Speaker(s): Abbas Hyderi, MD MPH, University of Illinois at Chicago College of Medicine - Department of Family Medicine; Amy Lin, MD University of Illinois at Chicago College of Medicine; Octavia Kincaid, MD University of Illinois at Chicago College of Medicine

Intended Audience: ALL

Learning Objectives: 1: Appreciate that medical school accreditation requirements do not specify much about the 4th year of medical school, often resulting in large flexibility but limited career guidance, 2: Describe the need to emphasize the continuum of medical education, from undergraduate to graduate to lifelong learner to maximize the potential of the fourth year, 3: Explain how educational breadth and depth can be achieved with a structured, yet flexible approach, as demonstrated by the curricular design of our revised, fourth year curriculum.

SU19 - Changing Times: Analysis of a Transition of A University Administered to University Affiliated Family Medicine Community Residency Program

Speaker(s): Joan Hamblin, MD, University of Wisconsin School of Medicine and Public Health, Eau Claire Family Medicine Residency Program

Intended Audience: ALL

Learning Objectives: 1: List 3 changes in financing family medicine residency education. 2: List 3 factors that must be handled well to optimize the success of a residency transition (merger/acquisition).

SU20 - Understanding Pimping as a Rite of Passage: An Enduring Cultural Practice in Medical Education

Speaker(s): Anthony Provenzano, MS4, Wayne State University School of Medicine; Brian Vinton, MD, Oakwood Dept. of Family Medicine; James Meza, MD, PhD, Wayne State School of Medicine, Oakwood Dept. of Family Medicine

Intended Audience: ALL

Learning Objectives: 1: Understand that medical education is of necessity hierarchical and that competence can only be bestowed by someone higher in the hierarchy and can never be claimed by someone lower in the hierarchy without it being contested, 2: Recognize "The Art of Pimping" has been culturally replicated within medical education from its initial description by Brancati (JAMA, 1989) until the present and probably functions to establish competence while risking harming the trainee if done improperly; 3: Explore how to balance the harm and benefit from this persistent, complex cultural practice at their home institution.

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Saturday, October 11th – Poster Session 1 (PP01)

Advance Care Planning in a Primary Care Setting: A Community Health Assessment and Intervention.

Poster Presenter(s): Nick Cooley, MS4, University of Minnesota Medical School

Cervical Cancer Screening Rates in a Difficult Population

Poster Presenter(s): Nicholas Anderson, MD, University of Wisconsin Health - Eau Claire Family Medicine

Community Health Assessment - Addressing Health Disparities in At-Risk Youth by Peer-Taught "Teen Health" Seminar in Kandiyohi County

Poster Presenter(s): Melissa Pavek, BS, MS4, University of Minnesota Medical

COPD: A Team Based Approach to Patient Care

Poster Presenter(s): Don Odens, MD, Iowa Lutheran Family Medicine Residency; Anish Keshwani, MD, Iowa Lutheran Hospital Family Medicine Residency

Developing a Complexity Empanelment System using Electronic Health Record (EHR) Variables

Poster Presenter(s): Paul A. Ravenna, MD, Northwestern McGaw/Erie Family Health Center Family Medicine Residency Program; Mary Talen, PhD Northwestern McGaw/Erie Family Health Center Family Medicine Residency Program; Anuj Shah, MD, MPH Northwestern McGaw/Erie Family Health Center Family Medicine Residency Program

Evaluation of the Nutritional Status of Rural Haitian Children by Weight Under 60 Months of Age

Poster Presenter(s): Claude Louis, MD, Kansas University Medical Center; Roger Lee, MD, Kansas University Medical Center

Evaluation of Weight Changes on Depot-Medroxyprogesterone in Urban Under-Served Patients

Poster Presenter(s): Rachel Franchi-Winters, DO, University of Minnesota North Memorial Family Medicine Residency Program; Tara Jenson, BA, University of Minnesota; Sonia Vasa, BA, University of Minnesota

Factors Predictive of Acute Respiratory Failure in Asthmatics in Underserved Populations

Poster Presenter(s): Karan Shukla MD, Jackson Park Hospital; Keri Payne, MD, Medical University of the Americas; Alok Shukla, MD, Windsor University

Hazard Evaluation of Living Space: HazEL– a Videogame Teaching Home Safety

Poster Presenter(s): Irene Hamrick, University of Wisconsin - Madison

The Ideal Time Needed with a Patient to Address His/Her Concerns Adequately in a Family Medicine Clinic

Poster Presenter(s): Mohamad Karam Baaj, MD, University of North Dakota

Improving HPV Vaccination Practices in Waconia, MN and Carver County

Poster Presenter(s): Kirsten Indrelie, MS4, University of Minnesota – Twin Cities

Mindful Parenting: The Impact of MBSR Techniques on Reducing Risk Factors Among Parents of Children with Autism Spectrum Disorders

Poster Presenter(s): Emily Pinto Taylor, MS4, Loyola University of Chicago – Stritch School of Medicine; Brett Lullo, MS3, Loyola University Chicago - Stritch School of Medicine

Novel Methods in Opioid Prescription for Chronic Pain

Poster Presenter(s): Timothy Kufahl, MD, MS, University of Minnesota - North Memorial Family Medicine Residency; Robert Levy, MD - North Memorial Family Medicine Residency Program Faculty

A Rare Case of Recurrent Sigmoid Volvulus in a 38 Year Old Male

Poster Presenter(s): J. Henry Noble, OMS IV, 2 LT, USAFR, ATSU-KCOM; Dawn Davis, MD, Mercy Hospital Family Medicine Residency; Lauren Wilfling, DO, MBA, Mercy Family Medicine Residency

Smoking Cessation Aid Preferences Among African American Menthol Smokers

Poster Presenter(s): Christi Nowak, MS4, University of Minnesota Department of Family Medicine and Community Health

Student Interest in Learning about Fertility Awareness Based Methods: an Unaddressed Competency in the Medical School Curriculum

Poster Presenter(s): Cecilia Jojola, Medical College of Wisconsin; Lauren Weasler, Medical College of Wisconsin

Why Are We Running So Late? Factors Affecting Timeliness of Patient Visits at the Family Care Center

Poster Presenter(s): Monica Fudala, MD, University of Chicago and NorthShore Family Medicine Residency; Palosha Ahmed, MD, University of Chicago and NorthShore Family Medicine Residency; Mark Drexler, MD, University of Chicago and NorthShore Family Medicine Residency

Sunday, October 12th – Poster Session 2 (PP02)

16 Year Old High School Football Player with Rapid Return to Play After Multiligament Knee Injury

Poster Presenter(s): Adam Fletcher, MD, Mayo Clinic-Rochester

End of Life Care in the Hmong Community

Poster Presenter(s): Nouchee Vang, MS4, University of Minnesota Twin Cities Medical School

Utilizing the Medicare Wellness Visit in Family Practice Residency

Poster Presenter(s): Holly Longstreet, DO, LaGrange Memorial Hospital; Shipra Sabharwal, DO, LaGrange Memorial Hospital LaGrange Family Medicine Residency; SarahKay Welch, DO, LaGrange Memorial Hospital LaGrange Family Medicine Residency

GO! Diabetes Gives Foresight Into Saving Some Eyesight

Poster Presenter(s): Prashant Morolia, MD, University of North Dakota at Minot; Kwanza Devlin, MD, University of North Dakota - Center for Family Medicine - Minot

High Acuity Inpatient Communication Strategies for Patient Centered Care and Resident Success: The Communication for High Acuity Patients Plan (CHAPP)

Poster Presenter(s): Adalberto Torres, MD, University of Minnesota Family Medicine Residency - Smiley's Clinic; Naveen Anantha, MBBS, University of Minnesota Medical Center; Benjamin J. Baechler, MD, University of Minnesota Medical Center

Impact of an Interprofessional Diabetes Education Model on Patient Health Outcomes

Poster Presenter(s): Cristina Lammers MD, MPH, South Dakota State University

Implementing Health Powered Kids Into United Family Medicine

Poster Presenter(s): Katelyn Bezek, MD, United Family Medicine Residency Program; Katherine Guthrie, MD, United Family Medicine

Improving Advance Care Directives: Report from a Residency Clinic

Poster Presenter(s): Kevin Manzel, DO, University of Minnesota Family Medicine Residency - Methodist Hospital; Andrew Houghton, MD - University of Minnesota Family Medicine Residency - Methodist Hospital; Kristina Schultz, DO, University of Minnesota Family Medicine Residency – Methodist Hospital

Improving Primary Care for Transgender and Gender Nonconforming (TGNC) Patients Through Education, Access, and Sensitivity

Poster Presenter(s): Amanda Hinrichs, DO, University of Minnesota, Medicine Residency; Carrie Link, MD, University of Minnesota

Inflammatory and Immunologic Biomarkers for Assessing the Risk of Infectious Diseases in Smokers

Poster Presenter(s): Kriti Choudhary, MBBS, University of Minnesota

Medical Career Choice in China: A View from Wuhan University

Poster Presenter(s): Lauren Hobbs, MS3, University of Chicago Pritzker School of Medicine

Noise on the Wards – Can Patient Pain and Sleep Hygiene be Improved with the Use of Foam Earplugs? A Randomized Comparison Group Study

Poster Presenter(s): Daniel Murphy, DO, Northwestern University Erie Family Health

Optimizing Patient Care and Improving Provider Satisfaction Through Standardized Text Paging Formats and Clear Provider Expectations.

Poster Presenter(s): Sufian Zayed, MD, University of Minnesota Family Medicine Residency - Smiley's Clinic; Benjamin J. Baechler, MD, University of Minnesota Medical Center

Standardization of Developmental Screening at the Glenbrook Family Care Center. Use of the ASQ3 Survey

Poster Presenter(s): Mandeep Sehmbey, MD, University of Chicago and NorthShore Family Medicine Residency; Mark Drexler, MD, University of Chicago and NorthShore Family Medicine Residency

A Summer Fellowship in Family Medicine: What Did I Learn?

Poster Presenter(s): Leslie Patterson, PhD, Medical College of Wisconsin; Priscilla Agyemang, MS2, Medical College of Wisconsin; Peter Thorne, MS2, Medical College of Wisconsin

We Are West 7th! Asset Mapping to Improve Community Health and Development.

Poster Presenter(s): Jonathan Dickman, MD, PhD, Allina Health United Family Medicine; Lisa Phifer, MD, Allina Health United Family Medicine; Marit Brock, SPHR, CMPE, Little Bohemia Neighborhood Association

Where is Everyone?! Lessons Learned in Community Engagement

Poster Presenter(s): Emily Wolff, MS4, University of Minnesota Medical School

Notes



SAVE THE DATE

2015 FAMILY MEDICINE MIDWEST CONFERENCE

OCTOBER 9-11

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