

You are the Answer to Changing the World of Health Care

We do not have enough family physicians to meet the demand. Currently, about 10% of U.S. medical school graduates choose family medicine. ***In the Midwest, this shortage continues to grow as older physicians retire. Family Medicine Midwest was created to turn the tide.*** Students from medical schools in 12 states have been invited to attend this first-ever Midwest regional event.

Thank you to the 2012 Family Medicine Midwest Host Committee for their outstanding work in fundraising for student scholarships and recruiting our amazing plenary speakers.

Co-chairs

Janice Benson, MD, University of Chicago/
NorthShore University
Judith Gravdal, MD, Rosalind Franklin
University - Chicago Medical School

Members

Laurence Bauer, FMEC, Inc.
Stephen Bennett, MD, Advocate Christ Family
Medicine Residency – Hometown, Ill.
Paula Bey, student, University of Illinois at
Chicago
Edward Blumen, MD, NorthShore University
David Deci, MD, University of Wisconsin
Deborah Edberg, MD, McGaw-Northwestern
Family Medicine Residency – Chicago
Shamecka Edwards, student, University of
Illinois at Chicago
Bharat Gopal, MD, Carle Family Medicine
Residency -Urbana, Ill.
Lauren Kendall, student, University of Illinois
at Chicago
Timothy Ott, DO, Southern Illinois University-
Quincy Family Medicine Residency
Jennifer Swoyer, DO, Adventist La Grange
Family Medicine Residency Program -La
Grange, Ill.
Cheri Tatar, North Shore University Health
System, Glenview, Ill.
Alicia Vazquez, MD, Cook County – Loyola
Provident Family Medicine Residency –
Chicago

Thank you to the 2012 Program Committee for their amazing work in creating a dynamic schedule for this event

Chair

David Deci, MD, Univ. of Wisconsin

Members

Laurence Bauer, FMEC, Inc.
Ravi Balasubrahmanyam, MD, United Family
Medicine Residency, St. Paul, Minn.
Janice Benson, MD, Univ. of Chicago—
NorthShore University Health System
Juliann Beinienda, PhD, Wayne State
University
Deborah Clements, MD, Kansas University
Medical Center
Valerie Gilchrist, MD, University of Wisconsin
Aaron Goldstein, student, University of
Illinois at Chicago
Michelle Grosch, MA, University of Wisconsin
Lori Larson, Central Minnesota AHEC
Kathleen Macken, MD, United Family
Medicine Residency Program, St. Paul,
Minn.
Anita Petit-Homme, student, Northwestern
University – Feinberg School of Medicine
David Rebedew, student, University of
Wisconsin
David Schneider, MD, St. Louis University
School of Medicine
Joshua Shapiro, student, Rush Medical
College
Lubna Madani, MD – resident, University of
Chicago, NorthShore Family Medicine
Andrew Slattengren, DO, University. of
Minnesota
David Walsworth, MD, Michigan State
University
Therese Zink, MD, University of Minnesota

Family Medicine Midwest Foundation is a newly incorporated organization committed to communicating the value of family medicine to practicing colleagues, future colleagues, and the public through the following:

1. Promote the development of family medicine among students with the goal that 40% of all medical graduates will enter family medicine by 2020
2. Provide a yearly forum for disseminating scholarly work and research by junior faculty, residents and students
3. Develop a workforce project to encourage high school and college students to consider family medicine as a career
4. Promote and support community based practice and education
5. Work with key health care stakeholders in the area to promote cooperative health care innovation.
6. Insure that every medical student knows, understands and values what family medicine physicians do.
7. Promote and link practice based research networks.

Interested in joining Family Medicine Midwest? *Members of the FMM Leadership Group will be talking with attendees and organizations about joining the collaborative. Look in your bag for more information.*

Thank you to our 2012 Family Medicine Midwest Conference sponsors:

ACUTE CARE Locum Tenens LLC
Carle Physician Group
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Conference Support also provided by:

The AAFP Foundation and The Family Medicine Philanthropic Consortium
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CME Information for this Meeting

Accreditation

The Illinois Academy of Family Physicians / Family Practice Education Network is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

AMA PRA Category 1 - The Illinois Academy of Family Physicians/Family Practice Education Network designates this live activity, 2012 Family Medicine Midwest Conference & IL AFP Annual Meeting, for a maximum of 15.25 AMA PRA Category 1 credits™.

Prescribed

This live activity, 2012 Family Medicine Midwest Conference & IL AFP Annual Meeting, has been reviewed and is acceptable for up to 15.25 Prescribed credits by the American Academy of Family Physicians.

Faculty Disclosure Statement

The Illinois Academy of Family Physicians adheres to the conflict of interest policy of the ACCME and the AMA. It is the policy of Illinois AFP to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals in a position to control the content in our programs are expected to disclose any relationships they may have with commercial companies whose products or Services may be mentioned so that participants may evaluate the objectivity of the presentations. In addition, any discussion of off-label, experimental, or investigational use of drugs or devices will be disclosed by the faculty. Only those participants who have no conflict of interest or who agree to an identified resolution process prior to their participation were involved in the CME activity.

It's Good To Be Green

We have gone green for this meeting with all handouts and evaluations online!

How to access handouts, evaluations & claim CME credit

All evaluations and handouts are available online at the 2012 Family Medicine Midwest & IL AFP Annual Meeting website. A link to this website, along with your username and password, was emailed to you prior to the conference. Please check your inbox! You can also access this website by scanning the QR code using your smartphone or typing the URL into your web browser.



<http://iafp.planion.com/WebAdmin/Login?ACCOUNT=IAFP>

Username: First name Last name

Password: familymedicine

Once logged into the website you can fill out the evaluation for each session you attended and claim credits. Handout materials, including copies of the presentations, can also be found online listed with each session. Once you have completed the evaluations for each session you have attended and claimed credits you can print a CME certificate or a certificate of attendance. Your information will also be stored on the website for one year, so you may access handouts or your CME credits at any time.

If you registered onsite, your information will be added to the website at the end of the conference day.

Questions or problems?

Please see staff at the registration desk for help.

Family Medicine Midwest Collaborative Communities

Friday, November 9
2:00–5:30pm

Who should attend?

- Health care leaders and administrators
- Those looking for the cutting edge; for the products and services that can improve their practices and/or organization's operational effectiveness and efficiency
- Residents and Faculty

Maternal and Child Health Care Collaborative Community

Stephanie E. Rosener, MD – Assistant Director and Maternity Care Coordinator of the Middlesex Hospital Family Medicine Residency Program in Middletown, Connecticut

This family medicine collaboration is dedicated to enhancing preconception, prenatal and postpartum care. Through the creation of a Midwest Region collaborative community on Maternal Care, we intend to generate awareness of existing tools/resources and develop new projects which aim to decrease low-birth weight/ prematurity and other maternal/child health care issues.

Palliative Care Collaborative Community

*Facilitated by IAFF members Robert Sawicki, MD & Timothy McCurry, MD
Alan Roth DO, FAAFP, Chair, DFM, and Palliative Care Medicine Director,
at Jamaica Hospital Medical Center, New York City*

Through the creation of a Family Medicine collaborative community in Palliative Care, we seek to create a network of Family Physicians with an interest in strengthening all primary care providers' ability to offer high quality, end-of-life and palliative care services to their patients and in their communities.

Super Utilizers Collaborative Community

Jeffrey Brenner, MD – Camden Coalition of Healthcare Providers

We've come to learn that many office practices/community health centers/health systems are working to identify and respond to the needs of high service utilizing patients/families, to reduce the rates of unnecessary hospital admissions and re-admissions. We appreciate the complexity of this issue and recognize that the responses to this phenomenon vary widely. We are inviting Family Physicians that have developed strategies that demonstrate the ability to reduce the cost of care while improving the quality of care for high service use patients to share their work with health system leaders. Our intention is to create visibility for this work and to assist the project leaders to gain support for their next steps.

2012 Family Medicine Midwest Plenary Speakers

Saturday, November 10

12:30 pm **Inis Bardella, MD**, *Chicago Medical School*

Global Health: Why and How Family Medicine

Why is family medicine requisite for improving global morbidity and mortality? Dr. Bardella will give you the global perspective and motivate you to take global health action!



Inis Jane Bardella, MD, FAAFP is the Associate Dean for Faculty Development and Global Health Initiatives and a professor in the Department of Family and Preventive Medicine at Chicago Medical School of Rosalind Franklin University of Medicine and Science. Dr. Bardella leads the development of medical education globally through a focus on the development of faculty and education systems.

1:00 pm **Joshua Freeman, MD**, *Kansas University*

Family Medicine: The Social Justice Specialty

The concept of Social Justice, originally developed by Rawls and others, is key to understanding how a society is organized so that people's core needs are met, or not met.



Dr. Freeman serves as Chair of the Department of Family Medicine and Chief of Family Medicine at the University of Kansas Hospital. He serves nationally as the Treasurer of the Association of Departments of Family Medicine (ADFM), and also as Treasurer of Southwest Boulevard Family Health Care.

Sunday, November 11

7:30 am **Therese Zink, MD, MPH**, *University of Minnesota*

Achieving the Triple Aim for Complex Patients – Improve Outcomes, Improve the Patient's Experience, Reduce Costs

Three to five percent of patients have complex social barriers to good health as well as serious chronic medical conditions. How do we with our interdisciplinary teams help those "complex patients" achieve improved health status and have a more positive care experience while reducing the overall cost of their care?



Dr. Zink directs the Global Family Medicine Pathway at the University of Minnesota, drawing from years of international medical experience in Chechnya and Ingushetia, Brazil, and Central America. Zink also serves as an associate director of the Rural Physician Associate Program and teaches residents. She was appointed to Governor Mark Dayton's Health Care Reform Task Force in 2011.

8:15 am **Kenneth Nelson, MD**, *Westchester, IL*

Medical Missions in Your Own Backyard

The need for medical missions might be right in our own backyard. Learn how one family physician tackled the issue of the uninsured in the western suburbs and the underserved in the Chicago area.



Kenneth Nelson, M.D., is a family physician in private practice in Westchester, IL, in Chicago's near west suburbs. He spearheaded efforts to develop the Community Health Care Network of the Western Suburbs and cofounded the CURE Network (www.curenetwork.org) which most recently held a two-day medical and dental mission in Lake County, IL.

Sessions

Saturday, November 10

9:00 am – 10:00 am

- ST01** *Office Based Manual Vacuum Aspiration for Uterine Evacuation*—Mandy Gittler, MD, Midwest Access Project
- RT01** *Abstract-Attack, a Trans-formative Journal Club Experience as a Basis for a Longitudinal EBM Curriculum*—Tanner Nissly, DO, University of Minnesota/North Memorial Family Medicine Residency Program
- FD01** *The PCMH Journey: More Than A Three Hour Tour*—Greg Kirschner, MD, MPH, Advocate Lutheran General Hospital Family Medicine Residency
- RU01** *Development of a Rural Medicine Learning Community for Medical Students*—Juliann Binienda, PhD, Wayne State University Department of Family Medicine and Public Health Sciences
- CL04** *Bringing Lesbian, Gay, Bisexual, and Transgender (LGBT) Medical Education into the Mainstream: Competencies, Resources, and Collaboration*—Abbas Hyderi, MD, MPH, University of Illinois at Chicago College of Medicine
- ST02** *Colposcopy for Family Physicians Workshop*—Daphne Tessalee, MD, La Grange Family Medicine Residency Program
- FD02** *Preparing for Success: Is the Guest Room in Your Medical Home Ready for Students?*—Jacob Prunuske, MD, MSPH, University of Minnesota Medical School

10:00 am – 11:00 am

- ST03** *Incorporating Storytelling into FMIG activities*—Ashley Bieck, MPA, American Academy of Family Physicians
- RT02** *Bringing Family Medicine Residency Education Home: Patient-Centered Medical Home Training for the Next Generation of Family Physicians*—Tricia Hern, Community Health Network Family Medicine Residency
- FD03** *Change is Hard: Changing Yourself and Helping Your Patients Change*—Judith Gravdal, MD, Advocate Lutheran General Hospital
- RU02** *The Community Health Practice Profile – The Right Tool for our Job*—Kirsten Rindfleisch, MD, University of Wisconsin Department of Family Medicine
- CL05** *What's New in the Management of HPV?*—Christine Jacobs, MD, Saint Louis University Family Medicine Residency

Family Medicine Midwest Tracks Coding System*

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Sessions

Saturday, November 10

(continued)

ST02 (Continued) - *Colposcopy for Family Physicians Workshop*—Daphne Tessalee, MD, La Grange Family Medicine Residency Program

FD04 *Using Web Tools to Enhance Medical Student Education and Interest in Family Medicine*—Andrew Dykens, MD, MPH, University of Illinois at Chicago

11:00 am – 11:30 am

RT04 *Surviving the Match*—Lynn Wilson, DO, Providence Hospital and Medical Center

FD06 *Distance Education and Collaboration: The Cornerstone for Addressing the ACGME Scholarly Activities Core Competency Standard*—Clara Carls, DO, Adventist Hinsdale Hospital Family Medicine Residency

11:15 am – 12:30 pm

ST04 *Endometrial Biopsy Workshop*—Daphne Tessalee, MD, La Grange Family Medicine Residency Program

RT03 *Circumcision Workshop*—Paula Mackrides, DO, Southern Illinois University School of Medicine, Quincy Family Medicine Residency

FD05 *Teaching Community Medicine: Challenge & Opportunity*—Katherine Diaz Vickery, MD, University of Michigan

RU03 *Is 21st Century Rural Practice for Me?*—Therese Zink, MD, MPH, University of Minnesota

CL06 *Patient Centered Contraception Counseling*—Mandy Gittler, MD, Midwest Access Project

11:30 am – 12:30 pm

FD06 *Normal Aging Changes and Geriatric Syndromes*—Irene Hamrick, MD, University of Wisconsin

1:30 pm – 2:30 pm

ST05 *Increasing the Number of Family Physicians and Dispelling Myths about Family Medicine without Overselling Our Specialty* — Richard Stringham, MD, FAAFP, University of Illinois at Chicago, College of Medicine

RT05 *Kids' Days: A Methodology for Consistent Pediatric Anticipatory Guidance*—Jacqueline Gerhart, MD, University of Wisconsin – Madison

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(continued)

- FD07** *Enhancing Procedural Training High Quality and Inexpensive Models Homemade Models*—Allen Last, MD, MPH, University of Wisconsin School of Medicine and Public Health - Fox Valley Family Medicine Residency
- PM06** *Keep it CLEAR: Developing Communication Skills to Work with Patients with Limited Health Literacy*—Jeri Reid, MD, University of Louisville School of Medicine
- CL10** *Vitamin D and Calcium, Osteoporosis and Beyond: New Findings and Recommendations*—Irene Hamrick, MD, University of Wisconsin
- IT01** *Global Health Work in Our Midwestern Backyards*—Stephen Stabile, MD, MHA, Cook County Health and Hospitals System
- FD08** *Simulation: Case Development Workshop*—Jacob Prunuske, MD, MSPH, University of Minnesota Medical School

2:30 pm – 3:30 pm

- ST06** *Techniques for Troubleshooting Common Breastfeeding Pitfalls*—A. Ildiko Martonffy, MD, University of Wisconsin
- RT06** *Web-based Community Asset Mapping: Improving Resident Community Health Education and Patient Access to Community Services*—Dorothy Dschida, MD, Northwestern-McGaw Family Medicine Residency
- FD09** *Patient Safety, Process Improvement Science and Family Medicine Education*—Judith Gravdal, MD, Advocate Lutheran General Hospital
- PM08** *CPT Coding from the Bottom Up*—Ed Blumen, MD, MBA, CPC, FAAFP, University of Chicago Medical School; NorthShore University HealthSystem
- CL12** *Motivating Diabetics v. 2.3*—Paul Dake, MD, McLaren Family Medicine Residency Program
- IT01** (Continued) - *Global Health Work in Our Midwestern Backyards*
- FD10** *The Affordable Care Act and Teaching Health Centers: Changing Graduate Medical Education for Family Medicine*—Anuj Shah, MD, MPH, McGaw Northwestern Family Medicine Residency, Erie Family Health Center

3:45 pm – 4:45 pm

- ST07** *Teaching Osteopathic Manipulation to Allopathic Physicians*—Tricia Hall, DO, University of Minnesota Department of Family Medicine and Community Health

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(continued)

- RT07** *Patient and Family Centered Bedside Rounding – A New Model for Inpatient Rounding*—Benjamin Baechler, MD, University of Minnesota - Smiley's Family Medicine
- FD11** *Cultivating the Culture of Wellness in Medicine: Curriculum, Conversations, and Control*—Mary Talen, PhD, Northwestern Family Medicine Residency
- PM09** *Basic Group Discussion Skills: How Do I Organize a Small Group Learning Session Effectively?*—Alicia Vazquez, MD, Cook County-Loyola-Provident Family Residency Program
- PM10** *PCMH: We Are Certified, Now What?*—Timothy Ott, DO, Southern Illinois University School of Medicine, Quincy Family Medicine Residency
- IT02** *Expanding Student Physician Opportunities in Global Health: ASMA Clinical and Research Exchange Programs*—James Curry, BA, University of Illinois at Chicago
- FD12** *Individualized Strategic Faculty Development Planning*—Goutham Rao, MD, University of Chicago

4:45 pm – 5:45 pm

- ST08** *Epidermoid (Sevaceous) Cyst Removal*—Robert Wilkins, MD, Fort Wayne Family Medicine Residency
- RT08** *Writing Effective Letters-to-an-Editor: A Hands-on Workshop*—Dru Bhattacharya, JD, MPH, LLM, Loyola University Medical Center
- FD13** *Integrating Well-Child Services Into Policy and Practice: Promoting Bright Futures as a Standard of Care*—Icy Cade-Bell, MD, University of Chicago, Friend Family Health Center
- PM12** *Illinois Healthy Beginnings II: Coordinating Medical Homes and Community Resource*—Juanona Brewster, MDiv, MTS, MJ, Illinois Chapter American Academy of Pediatrics
- CL15** *“Weight Loss – What Works?” An Evidence Analysis Review*—Debra Sullivan, PhD, RD
- FD14** *“Ekstasis” a Case-Based Peer Consultation Tool for Medical Educators*—Andrew Slattengren, DO, University of Minnesota, North Memorial Family Medicine Residency Program

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Sunday, November 11

9:30 am – 9:45 am

- RP01** *Early Discontinuation of IUDs in a Family Medicine Clinic*—Jacqueline Champlain, MD, Hinsdale Family Medicine Residency
- RP02** *Efficacy of PSA for Screening of Prostate Cancer in African American Males*—Chintalben Shah, MD, Jackson Park Hospital
- RP03** *A Technology Based Approach to Eliminate Undiagnosed Hypertension*—Michael Rakotz, MD, NorthShore University Health System and University of Chicago

9:45 am – 10:00 am

- RP04** *Physician Burnout: A Work Process Intervention*—William Spinelli, MD, MPA, Allina Center for Healthcare Innovation
- RP05** *Educational Intervention to Improve STDs and Contraception Knowledge of Adolescent Latinos in Chicago*—Vanessa Noboa, MD, Cook County Loyola Provident Family Medicine
- RP06** *Pilot Study of Positive PPD Test Result vs TB Spot Testing in a Population of Immigrant Pregnant Women Accessing Prenatal Care at the Whittier Clinic in Minnesota*—Uchemadu Nwaononiwu, MD, Hennepin County Medical Center
- RP07** *Prenatal Care Barriers at Jackson Park Hospital*—Syeda Ali, MD, Jackson Park Hospital

10:00 am – 10:15 am

- RP08** *A Community-Based Family Medicine Clerkship at Wuhan University Medical School in China: Our First Year with Student Evaluations*—Mari Egan, MD, MHPE, University of Chicago, Pritzker School of Medicine
- RP09** *Adolescents are Less Sensitive to Punishment Associated with Cocaine*—Wai Chong Wong, PhD, Chicago Medical School
- RP10** *Addressing Beliefs about Obesity in the African American Community to Craft Patient-centered Strategies for Long-term Change*—Paula Bey, University of Illinois at Chicago
- RP11** *Physician Empathy and Time Spent with Patient Improves Physician-Patient Relationships*—Ashley Muhr, DO, Hinsdale Family Medicine Residency

10:45 am – 11:00 am

- PA01** *Osteopathic Treatment for Low Back Pain*—Justine Parker, Midwestern University

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(continued)

- PA02** *Hypertension Screening in Healthy Average Risk Adults: Comparing Current Practice to Annual Screening*—Sara Oberhelman, MD, Mayo Clinic
- PA03** *Integrating Clinical Practice and Community Health: The 4th Year Preceptorship at the University of Wisconsin*—Paul Hunter, MD, University of Wisconsin School of Medicine and Public Health
- PA04** *Celebrating Our Patients as Teachers- The Legacy Teachers Program*—Elizabeth Garrett, MD, MSPH, University of Missouri-Columbia, Department of Family and Community Medicine

11:00 am – 11:15 am

- PA05** *Development and Implementation of a Free Preventative Health Clinic for the Amish: Results of a Community Health Assessment Based On Key Informant Interviews*—Caitlin Hill, University of Minnesota Medical School
- PA06** *Patient Perceptions of the Patient-Provider Interaction around Contraceptive Decisions in Adolescent Women*—Meredith Hirshfeld, MD, McGaw Family Medicine Residency Program, Northwestern University
- PA08** *Family Medicine Residency Curriculum Resource*—Dale Patterson, MD, Memorial Hospital of South Bend

11:15 am – 11:30 am

- PA10** *Intern Support Group: Resident to Resident*—Sara Oberhelman, MD, Mayo Clinic
- PA11** *Increasing Teenage Exposure to Comprehensive Sex Education: STI and Teen Pregnancy Prevention*—Lindsey Johansen, MPH, MS4, University of Minnesota Medical School

11:30 am – 11:45 am

- PA13** *Yellow Sponge Simulator - Perineal Repair*—Vincent LaPorte, MD, University of Minnesota Family Medicine
- PA14** *Is Urine PCR as Sensitive as Endocervical Swab PCR in Diagnosing Chlamydia?*—Ofonime Essien, MD, University of Chicago Northshore Family Medicine Residency
- PA15** *Benefits of Treating Subclinical Hypothyroidism*—Shamaila Haris, MD, University of Illinois College of Medicine at Peoria

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Poster Presentations

Saturday, November 10

5:45 pm – 6:15 pm

- PO01** *MS4s Provide a Unique Mentoring Role to MS1s in Student-run Free Clinics*—Jennifer Kraninger, University of Chicago, Pritzker School of Medicine
- PO02** *RMED Research Proposal: An Examination of Changes in Complementary and Alternative Medicine (CAM): Perceptions and Practices in Rural Illinois in the Last Decade*—Hannah Furo, PhD, University of Illinois at Rockford
- PO03** *Virtual Reality Computer Simulated Home Visit: Teaching Home Safety*—Natalia Chapman, University of Wisconsin at Platteville
- PO04** *Improving Educational Materials for Somali Obstetrics Patients*—Heidi Belgum Allred, MS4, University of Minnesota Medical School – Twin Cities
- PO05** *Heart Health Educational Program to Encourage High School Students from Racial and Ethnic Minorities to Pursue the Medical Profession*—Kristina Dakis, MD Candidate 2015, University of Illinois at Chicago College of Medicine
- PO06** *Summer Service Partnership: 9 Weeks (and Beyond) of Community Health of the South Side of Chicago*—Thomas Couri, University of Chicago, Pritzker School of Medicine
- PO07** *Improving the communication between the Milwaukee Health Department and Aurora's Walker's Point Clinic in the management of patients with latent tuberculosis infection*—Arianna Sundick, University of Wisconsin Madison - School of Medicine and Public Health
- PO08** *S.H.A.R.P.E Project - School Health and Risk Prevention Education*—Monika Moni, MD, University of North Dakota – Center for Family Medicine – Minot
- PO09** *Do Students Retain the Health Literacy Knowledge and Skills Taught in their Third Year Clerkship?*—Jeri Reid, MD, University of Louisville

Sunday, November 11

9:00 am – 9:30 am

- PO11** *Evaluating the Feasibility and Acceptability of a Weight Management Toolkit in a Primary Care Setting*—Lynn Stiff, MS, RD, University of Wisconsin School of Medicine and Public Health
- PO12** *Patient Education Classes at the Saturday Clinic for the Uninsured*—Sherry Baker, BS, and Jessica Lautmann, BS, Medical College of Wisconsin
- PO13** *Adherence to Repeat FOBT Testing for Colorectal Cancer Screening*—Anita Petit-Homme, Northwestern University Feinberg School of Medicine
- PO14** *The Incidence and Types of Missed Opportunities in Early Childhood Immunizations at a Family Health Clinic in a Midwest City*—Rachel Maurer, University of Illinois Chicago College of Medicine at Rockford

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Poster Presentations

Sunday, November 11 (continued)

- PO15** *Improving Surveillance and Health Outcomes of Obesity During Pregnancy using Electronic Health Records*—Christina Fok, JD, University of Wisconsin School of Medicine and Public Health
- PO16** *Development of Text Message Intervention to Engage Parents in Youth Nutrition and Exercise Program*—Amanda Gawin, University of Chicago, Pritzker School of Medicine
- PO17** *Improving Adherence to Current Guidelines for Pap Smear Screening: Identifying Barriers to Cervical Cancer Screening*—Anne Liwonjo, MD, Saints Mary and Elizabeth Medical Center Family Medicine Residency Program
- PO18** *Healthy West Seventh Street Project- Nutrition*—Linnea Engel, MD, United Family Medicine Residency
- PO19** *Resident Health: Recovering from Intern Year*—Elizabeth Saladin, MD, University of Arkansas for Medical Sciences
- PO20** *Three Ways to Improve Patient Handoffs: An Evidence Based Approach*—Aslam Mohammed, MD, Advocate Lutheran General Hospital

10:15 am – 10:45 am

- PO21** *Cut the Cycle: Change your style, Change your life! Domestic Violence Seminar for Hair Salon Professionals*—Lizbeth Rodriguez, University of Illinois at Chicago
- PO22** *Difficult Patients: Exploring the Patient Perspective*—Caitlin Regner, University of Wisconsin School of Medicine and Public Health
- PO23** *The Effects of a Portion Controlled Diet on the Lipid Panel*—Logan Carr, University of Illinois at Rockford
- PO24** *Building a Community Exercise Program in an Underserved Neighborhood in Chicago*—David Goese, University of Chicago, Pritzker School of Medicine
- PO25** *Teaching Community Physicians to Diagnose, Report, and Treat Tuberculosis (TB) at the Keenan Health Center - Tuberculosis Control Center*—Ifeanyirochukwu Anwah, University of Wisconsin School of Medicine and Public Health
- PO26** *Incidence of Elderly Falls and the Implementation of a Hospital Falls Reduction Program at Jackson Park Hospital*—Heather Zimba, Medical University of the Americas
- PO27** *Maternal Use of Hormonal Contraceptives During Pregnancy Does Not Cause Adverse Fetal Effects*—Jennifer Kuvaya, MD, Mayo Clinic Rochester Family Medicine Residency Program
- PO28** *Pharmacy Based Curriculum- An Innovative Approach to Optimizing Resident Prescribing Safety, and Competency*—Carol Tunney, MB, ChB, BAO, Mayo Clinic Rochester Family Medicine Residency Program

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Fellowship & Jobs Fair for Residents

November 10, 2012 – 11:30 a.m. to 12:30 p.m.
~~Eaglewood Resort – 1401 Nordic Road – Itasca, IL~~
BLUESTEM ROOM (Upstairs)

Are you thinking about your niche in family medicine? If you have a passion for a facet of family medicine, then a fellowship might be your next step! Come speed date through the Fellowship Fair and find an opportunity that could be right for you! A job fair will also run concurrently in the room for residents who are interested in seeking potential job information.

Schedule for the Fellowship Fair

11:30-12 noon – Fellowship “speed date” - Residents will rotate through the entire selection of fellowships, spending a few minutes with each fellowship representative to learn more. The total time at each station would be based on the number of fellowships. If we have 8 fellowship locations, we would spend 3 minutes at each station then rotate. If we have more or less, then we'll adjust the time accordingly. Residents interested in Employment would rotate through the employer side.

Noon – 12:30 p.m. Open time for longer conversations between residents and fellowship programs or employers of interest. (Resident who rotated through fellowships could also use this time to visit with employers and vice-versa).

Participating Fellowships

Urgent Care and Academic Fellowships at University of Illinois at Rockford

Sports Medicine (4 different locations)

- North-Shore
- Medical College of Wisconsin
- UIC
- Western Michigan

Maternal and Child Health – PCC Wellness in Chicago

Faculty Development in Primary Care – Cook County Loyola Provident in Chicago

University of Wisconsin – Multiple options

Participating Employers

U.S. Army Healthcare

Ministry Health Care

Divine Savior Healthcare, Physician Services

Wheaton Franciscan Medical Group

ACUTE CARE Locum Tenens LLC

OSF HealthCare

Summit Provider Placement Co.

FAMILY MEDICINE MIDWEST

Residency Fair & Clinical Camp Demonstrations

Saturday evening will be an exciting one for all attendees. The Networking reception begins at 5:45 p.m. (cash bar) will give you a great opportunity to view the wonderful posters displayed throughout the Red Oak Foyer, as well as visit with many of the Corporate exhibitors and explore two clinical camp demonstrations. If you are assigned to Dinner Seating #2, you may want to fuel up with some hors d'oeuvres to hold you until your 7:15 seating!

Our dinner event will bring all attendees together for one big family medicine exploration. We are proud to welcome 41 family medicine residency programs from eight Midwestern states and 12 corporate exhibitors. To ensure everyone has time to visit and enjoy dinner. We will have two dinner seatings for students and for exhibitors. ***In order to ensure a time and place for everyone to eat, please only eat dinner during your assigned seating time.*** Then make the most of your evening by visiting all the exhibitors in between. These residency programs are ready to share all the unique aspects of their program with our student attendees.

Dinner Seating #1 is at 6:15 p.m.

Dinner Seating #2 is at 7:15 p.m.

Be sure to check out any of the four "Clinical Camps" during the evening. We will have two camps running at the same time, with two separate camp sessions. Pick the ones you like and be there for the live demonstrations. All clinical camps will be in the Red Oak Foyer.

Clinical Camps offered from 5:30 to 7:00 p.m.

IUD Insertion

Evelyn Figueroa, MD
University of Illinois at Chicago
Family Medicine Residency

Joint Health –

Evaluation and Injections

Dale Patterson, MD
Memorial Hospital of South
Bend (Indiana) Family Medicine
Residency

Clinical Camps offered from 7:30 to 9:00 p.m.

Endometrial Biopsy

Cynthia S. Meneghini, MD
St. Vincent Family Medicine,
Indianapolis Family Medicine
Residency

Applications of Ultrasound in Family Medicine

Robin O'Meara, MD, and
Kaira Kaplinsky, MD
Advocate Lutheran
General Family Medicine Residency
in Park Ridge, IL

Residency Fair Exhibitors

Booth	Program Name	City	ST
17	Mercy Family Medicine Residency	Mason City	IA
18	Mercy Family Medicine Residency Program	Des Moines	IA
16	Iowa Lutheran Hospital Family Medicine Residency Program	Des Moines	IA
34	Rush Copley Family Medicine Residency Program	Aurora	IL
28	Midwestern University – OPTI (Osteopathic)	Downers Grove	IL
20	Adventist Hinsdale Hospital Family Medicine Residency	Hinsdale	IL
22	Vanguard MacNeal Family Medicine Residency Program	Berwyn	IL
35	University of Chicago (North Shore) Family Medicine Residency Program	Glenview	IL
24	Advocate Christ Family Medicine Residency	Hometown	IL
19	Adventist La Grange Memorial Hospital Family Medicine Residency Program	La Grange	IL
F-7	Advocate Lutheran General Hospital Family Medicine Residency	Park Ridge	IL
F-1	University of Illinois at Chicago	Chicago	IL
26	University of Illinois – Peoria Family Medicine Residency	Peoria	IL
36	Resurrection Family Medicine Residency	Chicago	IL
21	Cook County-Loyola Provident Family Medicine Residency Program	Chicago	IL
31	SIU Quincy Family Medicine Residency	Quincy	IL
33	McGaw Northwestern Family Medicine Program	Chicago	IL
29	West Suburban Family Medicine Residency	Oak Park	IL
32	SIU Family Medicine Residency Program	Springfield	IL
25	Advocate Illinois Masonic Family Practice Residency	Chicago	IL
30	Carle Foundation Hospital Family Medicine Residency Program	Urbana	IL
F-2	Saint Vincent Indianapolis Family Medicine Residency Program	Indianapolis	IN
15	Indiana University- Methodist Family Medicine Residency	Indianapolis	IN
13	Fort Wayne Family Medicine Residency Program	Fort Wayne	IN
14	Community Health Network-Indianapolis Family Practice Residency Program	Indianapolis	IN
10	Franciscan St. Francis Family Medicine Residency	Beech Grove	IN
F-6	Memorial Hospital Family Medicine Residency	South Bend	IN
5	University of Kansas Family Medicine Residency	Kansas City	KS
7	Providence Hospital Family Medicine Residency	Southfield	MI
1	Midland Family Medicine Residency Program	Midland	MI
2	Grand Rapids Family Medicine Residency Program	Grand Rapids	MI
6	Western Michigan University Family Medicine	Kalamazoo	MI
4	McLaren Family Medicine Residency Program	Flint	MI
44	University of Minnesota / St. Cloud Hospital Family Medicine Residency	Saint Cloud	MN
43	Mayo Family Medicine Residency Program	Kasson	MN
39	Allina Health United Family Medicine Residency	Saint Paul	MN
40	University of Minnesota Family Medicine Residency Programs	Minneapolis	MN
37	Saint Louis University Family Medicine Residency Program	St. Louis	MO
41	University of Missouri – Columbia Family Medicine Residency	Columbia	MO
9	University of Wisconsin Dept. of Family Medicine (multiple sites)	Madison	WI
11	LaCrosse-Mayo Family Medicine Residency	LaCrosse	WI

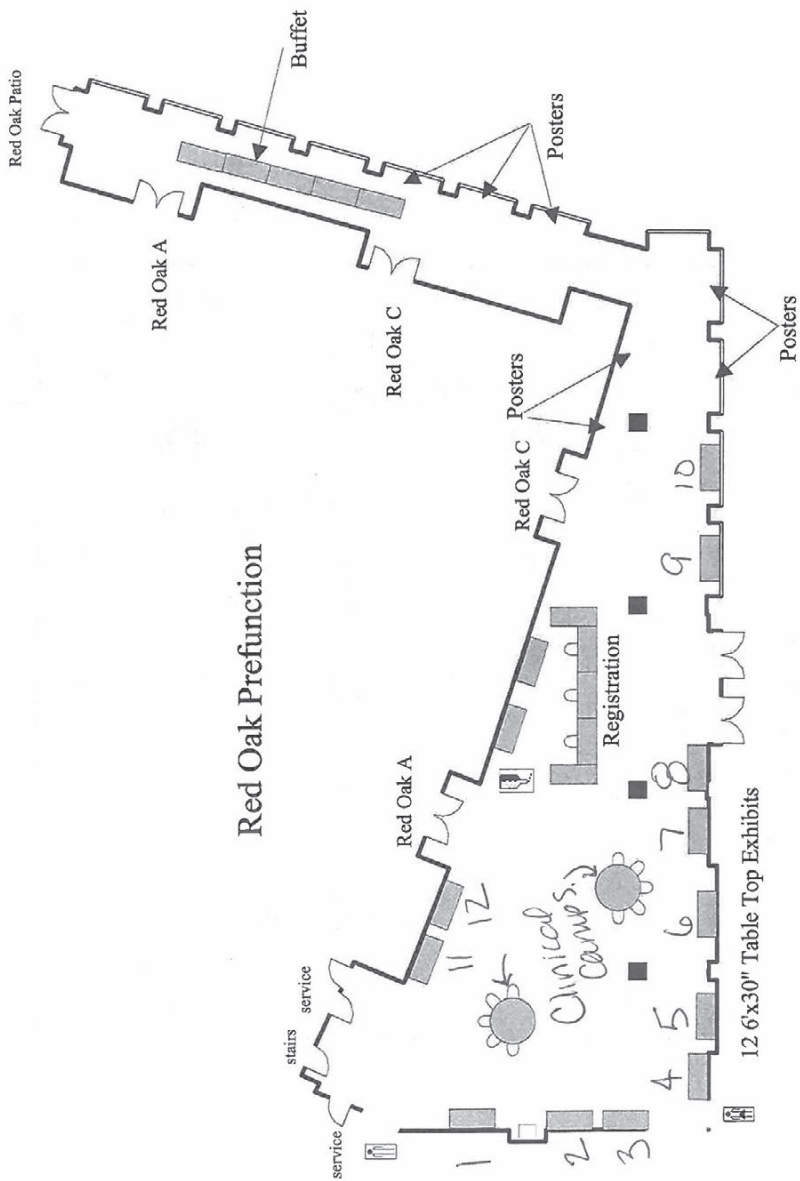
F= Foyer. This exhibit is in the foyer outside of the main hall

Family Medicine Midwest Corporate Exhibitors

F= Foyer location

- F-4 ACUTE CARE Locum Tenens LLC** is a locums company based in Des Moines, IA. Locum tenens work consists of a physician or Advanced Practice Provider, whom works temporarily in another practice, not his or her own. Assignments can vary in length from days, weeks to many months.
- 23 Carle Physician Group** – Physician, Advanced Practice Providers and Executive Recruitment
- F-8 Challenger Corporation** provides robust institutional and corporate testing and performance reporting systems by which medical organizations can improve, maintain, track, and otherwise prove the educational quality and CME compliance of large clinician groups. Over 250 institutions world-wide use Challenger's systems for resident and PA training and group practice education support and compliance tracking.
- 42 Divine Savior Healthcare** has excellent Family Medicine opportunities available with or without OB. Join us in our state-of-the-art facility 30 minutes north of Madison and 15 minutes south of Wisconsin Dells! Divine Savior Healthcare includes a hospital, clinic and aging services connected on one campus!
- 12 DynaMed/EBSCO -DynaMed™** is a clinical reference tool created by physicians for physicians and other health care professionals for use at the point-of-care. EBSCO Publishing (EBSCO) caters to the information needs of researchers at every level by providing libraries and other institutions with the content and services needed to bring the latest and best information to researchers.
- F-5 Health Directions, LLC** is a national consulting firm focused on improving the financial, operational and strategic performance of physicians, medical groups and hospitals.
- 8 Ministry Health Care** – We are a mission-driven integrated health care system of clinics and hospitals, primary and specialty care physicians, home care and related services, located across Wisconsin and into Minnesota.
- 27 OSF HealthCare**, owned and operated by The Sisters of the Third Order of St. Francis, Peoria, IL. OSF Healthcare System includes seven hospitals and medical centers, one long-term care facility and two colleges of nursing. OSF Medical Group is a primary care physician network consisting of more than 600 primary care, specialist physicians and advanced practice providers.
- F-3 Summit, A Healthcare Provider Placement Company** specializes in representing Physicians, Physician's Assistants, and Nurse Practitioners as they progress through their career development. We match you with career opportunities that match your requirements – whether it's working for a hospital, health system or physician group.
- F-9 United States Army Healthcare Team** – The US Army is currently seeking health care professionals for the reserves and active duty. We offer a competitive salary and benefit package.
- 3 ViroPharma Incorporated** – ViroPharma Incorporated is an international biopharmaceutical company committed to developing and commercializing innovative products that address unmet medical needs.
- 38 Wheaton Franciscan Medical Group** – Milwaukee/Racine primary care physicians, specialists and sub-specialists practice in more than 50 locations in Southeast Wisconsin, and are dedicated to providing patients with positive, compassionate care.

Red Oak Prefunction



2012 Scholarship Donors

These individuals and organizations make it possible for students to attend our conference. Those who donated multiple scholarships are indicated in parentheses.

AAFP Division of Medical Education (10)	Keynote Concepts Jane Kim, MD
AAFP Foundation Family Medicine Philanthropic Consortium (10)	Steven D. Knight, MD Kathleen J. Miller, MD
Adventist LaGrange Family Medicine Residency (4)	Midwestern University (4) Deborah Miller, MD
Allina Health Systems (8) Janice Benson, MD & Barry Mizock, MD (4)	Minnesota AFP Southeastern Chapter (5) Carrie Nelson, MD
Edward A. Blumen, MD Sarah Blumen Ellen S. Brull, MD	Christopher Nelson, MD McGaw Northwestern Family Medicine Residency Lauren Oshman, MD
Community Memorial Foundation (10) Cook County Loyola Provident Faculty Development Fellowship Program (10)	Michael Rakotz, MD (2) Restaino & Associates Relocation Rosalind Franklin University – Chicago Med School (10)
David M. Deci, MD FMM Leadership Group Bharat Gopal, MD (2) Judi Gravdal, MD David J. Hagan, MD Home Physicians	St. Vincent Family Medicine Residency Stephen Stabile, MD Summitt Healthcare University of Chicago – Dept. of Family Medicine (10) University of Wisconsin Dept. of Family Medicine (10)
IAFP Egyptian Member Group (5) Family Health Foundation of IL Lopez Endowment (5) Christine Heinrichs, MD William Huelesch, MD Dipak Jain, MD Vince Keenan, CAE	University of Minnesota – Duluth (6) Univ. of Minnesota (10) Margaret Weidmann, MD

2012 Family Medicine Midwest Award Honorees

The Family Physician of the Year and Family Medicine Teacher of the Year were selected from nominations submitted directly from the Family Medicine Midwest States' Academy of Family Physicians chapters. The FMM Program committee, comprised of representatives from nearly all 12 FMM states, considered all the nominees and selected the award honorees. An Awards subcommittee of the Program committee considered the nominees for the Mid-Career Faculty Award and selected the honoree. Family Medicine Midwest did not receive any submissions for the other awards categories of "The Power to Change our World" and "My Family Medicine Life."

Midwest Family Physician of the Year

Kenneth S. Nelson, MD
of Prairie Medical Group in Westchester, IL

Nelson was born and educated in the Chicago area, with his medical degree from the Chicago Medical School (now Rosalind Franklin University of Health Sciences – Chicago Medical School). He completed his residency training at La Grange Memorial Hospital in 1986, where his father William Nelson, MD is a former program director. He went on to add a post-doctoral fellowship in clinical pharmacology from the University of Chicago in 1988. Now he practices in the community where he trained and dedicates his time, energy and passion to serving those in need throughout that extended community.

Nelson co-founded the CURE Network (Collaborative Underserved Relief and Education.) Since then, the Cure Network has taken their philosophy "on the road," executing two successful medical missions in the Chicagoland area. The first was held August 2011 at Malcom X College followed by a second mission event June 2012 at the Lake County Fairgrounds, coordinated with the Illinois Dental Society's Mission of Mercy.

Dr. Nelson will accept his award on Sunday morning after his presentation on Medical Missions in Your Own Backyard.

2012 Family Medicine Midwest Award Honorees (continued)

Midwest Family Medicine Teacher of the Year

Jeremy S. Springer, MD – Director, University of Minnesota / Methodist Hospital Park-Nicollet Family Medicine Residency Program in St. Louis Park, MN

Dr. Springer is an outstanding teacher at the same program where he completed residency training in 1990. He is also the Medical Director for Professional Education at the Park-Nicollet Institute and practices at Park-Nicollet Creekside Family Physicians. He has been honored three times as his residency program's Teacher of the Year. For 20 years, he has volunteered as a physician at the St. Mary's Clinics free clinics caring for uninsured. Resident Tom Mullin, MD, who supported Springer's nomination, used these seven words to attribute to him: knowledge, understanding, humbleness, patience, dedication, passion, humor and empathy. He also says that's not even an all-inclusive list.

Dr. Springer will accept his award at lunch on Saturday.

Mid-Career Faculty Award

Jon Hallberg, MD – Assistant Professor, Department of Family Medicine and Community Health Medical Director, Mill City Clinic in Minneapolis

This award acknowledges a faculty member with five-to-twelve years of academic experience who has demonstrated significant achievement. The intent of this recognition is to honor the up-and-coming difference-making faculty who have not yet received tenure approval or otherwise been highly recognized for their efforts.

Jon Hallberg is recognized not only for educating students and residents in the University of Minnesota system, he also educates the public as a regular health and medical analyst on the regional *All Things Considered* program on Minnesota Public Radio, contributing to over 300 broadcasts since 2003. In 2009 he took that radio experience and created the "Hippocrates Café" which uses actors and musicians to explore medicine and the human condition through story and song. In the more traditional vein, Hallberg has given dozens of CME presentations and lectures regionally and nationally. He's worked with students that have been shadowing him in clinical practice since 1997 and now serves as a Master Tutor in the Physician and Society and Physician and Patient courses. As medical director for Mill City Clinic, he oversees a team providing care to a diverse patient population at a recognized medical home.

Dr. Hallberg was nominated by Macaran Baird, MD of the University of Minnesota. Neither Dr. Hallberg nor Dr. Baird could attend the Family Medicine Midwest Conference.

FMM Creative Writing Awards

In the first ever FMM Creative Writing Awards process, we had 17 outstanding entries. The selection committee had the tough task of selecting just one poetry entry and one prose entry.

The winning poetry and prose selections are printed on the next pages.

2012 FMM Creative Writing Selection Committee:

Aaron Crosby, third year medical student,
University of Minnesota, Twin Cities

Mary DeVany, Director, Great Plains Telehealth
Resource & Assistance

Jarod Giger, PhD, MSW, LCSW, Assistant Professor,
University of South Dakota, School of Health Sciences,
Department of Social Work

Rebecca Hartman, MPH, PhD-c

Florence Weierbach, RN, MPH, MSN, PhD, Assistant Professor,
East Tennessee State University, College of Nursing,
Graduate Programs

Chair – **Lori Larson**, Regional Specialist,
Central Minnesota Area Health Education Center

Use this QR code to view the collection on
your mobile device



You can also view all the
2012 Creating Writing entries at
**[https://sites.google.com/site/
familymedmidwest/](https://sites.google.com/site/familymedmidwest/)**

A hard copy of all 17 entries will be available during lunch on
Saturday.

PROSE WINNER

Louisville, 1984

by Brian Park, MS4, University of Minnesota – Twin Cities
brian.jh.park@gmail.com

The truth is, I've never known what to do with my life. Pursuing a medical career was a decision that never came easily to me. I do recall, though, one of the few moments in which this decision was brought into lucid focus: I had just moved out to New York City, and stumbled upon a copy of a book by Joan Didion, *The White Album*, in Manhattan. I remember opening to that first page as I was boarding the L-train back to my apartment. The first line reached out, shaking me vigorously by the collar.

It read: "We tell ourselves stories in order to live."

With those words, I felt as though a Venn diagram between all of my diverging interests – be it medicine, film, or journalism – had overlapped completely; that all this time, the core of my love for any career path was anchored in my love for stories.

Burrowing deeper into my education as a fourth-year medical student at the University of Minnesota, I've discovered that medicine is a profession where we tell ourselves stories not just in order to live, but also to make a living. For the study of medicine is nothing if not a complex yet universal language with which to interpret the world around us, and everyday, we are given the privilege to use that interpretation to impact the narrative of our patients.

As physicians, the door to the lives of others becomes unhinged and blows open, and we are privy to delicate, fragile secrets: a patient's remission of a presumed terminal illness; a recurrent miscarriage between tenderly loving partners; a fatal gunshot wound to a son, who had been playing in the yard with his brother. Medicine, at its best, lets us collect these stories, allowing our understanding of the world to expand, everlasting.

But, I will submit: sometimes, it is solely this privilege to be present with a patient in their narrative that can keep one from falling apart. That can keep us from worrying of how our healthcare system is hemorrhaging money; of how we are facing the brink of a soaring physician shortage; of how in spite of the Affordable Care Act, countless Americans will continue to be uninsured. Of how, as a medical student, I am training to be thrust into a broken system.

Simply put, our careful mending of imperfections: it does not add up to a perfect world.

I reflected upon this often during my third year, when I participated in my medical school's MetroPAP program. MetroPAP provides students the

opportunity to spend nine months at one clinical site, develop a panel of patients, and immerse into the community. My site was located a bus ticket away from campus in North Minneapolis, a vibrant part of the city still haunted by the specter of a violent tornado that tore through it in May 2011.

During my first week, I met Tommy. Tommy was 59 years old, looked strikingly like a weathered Dizzy Gillespie, and took no B.S. from anybody, which I know, because he told me minutes after I met him. Just one week prior, Tommy had been diagnosed with pancreatic cancer. In dealing with the bad news, he found it an inconvenience to endure all five stages of grief, and skipped to the final stage: acceptance. "Young man," he said, his long fingers wagging at my nose, "when you smoke, drink, and eat like I did, these things happen." He was blunt with truths in a way a medical textbook would never dare to be.

Over the next several months, I learned a lot about pancreatic cancer—its pathology, its complicated treatment regimen. He did well the first few months on chemo-radiation. "You look good, Tommy," I told him. "Listen, young man," he told me. "I might be dyin', but I ain't gonna sit at home fartin' around." In a fleeting moment of unprofessionalism, I let a laugh slip through my lips. "Tommy, you might be the first patient I can now say 'fart' to." He chuckled, scratched his head, and said "Young man, you alright."

And with that, Tommy started to open up to me more. He talked of how he had boxed in the South during his younger days, and even won a local championship, before, as he put it, "[he] drank himself to the mat." When he couldn't box anymore, he gambled on boxing. And he loved women. He had at least 2 ex-wives I knew about, and was frequently found courting more in the clinic waiting room. For ambiguous reasons, he had no longer kept in touch with any family members. They had long abandoned him, or perhaps it was the other way around. Sometimes, I worried that his doctors and I were the only ones who knew he was suffering from cancer.

Two months before my MetroPAP experience ended, Tommy's pancreatic cancer did what it often does: it spread. His health deteriorated rapidly, and he was soon in and out of the hospital, his eyes yellow from jaundice. Tommy's oncologist recommended that we transition to hospice care, and prepare for his passing.

To my surprise, it wasn't this truncated prognosis that bothered him; no, it was that we were requesting he leave his home. He resisted. "It ain't much, but it's where I sleep, damn it." I had no good argument against him, for I had never heard a more concise and astute description of home. It's funny, but I often marveled at how his anger tended to draw out these beautiful distillations of truth.

Eventually, the pain became overwhelming, and Tommy decided it was time. I visited him at hospice twice. The second time, I remember, was the weekend of the Kentucky Derby, because he asked that I bring the newspaper for him so that he could read up on the racehorses. He didn't look so good, and his

eyes were hazy. His thoughts were floating, untethered. Suddenly, his eyes focused, and he turned his head towards me.

"I remember havin' a mint julep at the Kentucky Derby." His eyes blinked slowly. "That was 28 years ago."

"I'm 28, Tommy," I said. "Life's funny, huh?"

"Brian" he said, "it ain't perfect. But that doesn't mean it ain't good."

I sat with Tommy for another hour. We didn't say much to each other. He drifted in and out of sleep. His heavy breathing in slumber gave a slow yet galloping life to the printed racehorse on the newspaper I had brought for him. I hoped he was dreaming of being at the racetracks, and left. The next day, I learned that Tommy passed away, after struggling throughout the night.

Some patients, they will seep into your bones like radiation, and they will stay there. It hurts me to think of how medicine doesn't yet have a cure for pancreatic cancer. And it hurts me to think of how we don't have the social structures in place for people like Tommy, so that they don't have to spend their final days here worrying about paying for rent and healthcare. But most of all, I get a pang in my gut when I think of how Tommy passed away alone in this world, save for a doctor and his medical student.

I think back to the first day of medical school often, of laying out my notebook at my first lecture, sitting in my seat, worried about all that I didn't know—of all that I had yet to learn. And though I still suffer from these feelings of inadequacy, I'm also beginning to realize how toxic this can be, of how it disguises what one already knows. It obscures that we all have the ability to be present with our patients, as they prepare to live, or as they prepare to die. Yes, medical school will equip us with what we need to know about Tommy's pancreatic cancer. But it won't always teach us about the other conditions he suffered from: drug abuse, unstable housing, loneliness. Our patients will teach us that. We must follow them there.

This is the unwritten curriculum in medical education—this is Tommy's curriculum. And we must start writing it. Because these conditions may not have a cellular pathology, but our patients suffer from them nonetheless, and we are asked to heal the whole person. Let us value what our patients do: a warm bed to sleep in, money to pay the rent, a person to live out our last days with. Let us bring a voice to the narratives of those who die alone.

Medical education will supply the words, the vocabulary. It will be left up to us, however, to listen for the narrative, and when we're ready: to write poetry. As I've slowly developed my ability to tune into a patient's narrative, I've come to see that yes, our medical system is broken, but it's not beyond repair. And that this life, well, it ain't perfect, but that doesn't mean it ain't good.

POETRY WINNER

Butch's Requiem (1/19/99)

*Jonathan L. Temte, MD/PhD, Professor, Department of Family Medicine
University of Wisconsin School of Medicine and Public Health
Jon.Temte@fammed.wisc.edu*

Dr. David Deci will accept for Dr. Temte, who is unable to attend.

How did the world appear
through jaundiced eyes?
sclera the color of
clarified
butter

a pregnant belly
never to know
septuplets
I joked

our meetings measured
by weight and girth
appointments, not
on the books,
early before official
clinic hours at
the edge of a
deserted
parking
lot

codeine was safer
than T-3s, I said
and helped you
sleep
then
I could count on you for a
lift back from the
garage

I marveled
as the steering
wheel barely
cleared
the swelling
fear that
we'd get hit and
slowly drown in
your virus-laden
sea

at dusk, crossing
to safety
to my end of town
I sometimes
spied you on
the corner
with the
others
a 40 clutched
in a bag

I rechecked my note
today, our first dance
around the darkness
I gave you five
years, maybe
less. I guess
I shorted
you by
two.

*(Butch died on 1/19/1999 from complications of chronic hepatitis C infection
and alcoholism)*

Illinois * Indiana * Iowa * Kansas * Kentucky * Michigan * Minnesota
Missouri * Nebraska * North Dakota * South Dakota * Wisconsin

Save the Date
October 4-6, 2013
Milwaukee, Wisconsin



Family Medicine Midwest