

Thursday, October 17

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4:00 – 8:00 pm	Scholarly Activity Collaborative	Industry
7:00 - 9:00 pm	FMM Board Meeting	Governance
Friday, Oc	tober 18	
8:30 am	Registration Opens	Varsity Foyer
9:00 am – 12:00 pm	FMM Collaboratives & Preconference Workshop	
PRECON1	Battlefield Acupuncture workshop	Northwoods
	Jennifer Svarverud, DO, University of Wisconsin Madison, Department of Famil Community Health, WI	y Medicine and
COLL01	Faculty Development	Industry
	Alicia Vazquez MD	
COLL02	Scholarly Activity Collaborative (SAC)	Landmark
	Rick Guthmann, MD	
COLL03	Perinatal Care & Family Medicine	Agriculture
	Safiya McNeese-Ruffin, MD, Associate Program Director, Director of SIU Alton Obstetrics & Women's Health, IL	Family Medicine
10:30 – 10:45 am	Break with Exhibits	/arsity Lounge
12:00 – 12:30 pm	FMM committee's kickoff (Host & Education committee mbrs only)	Agriculture
12:30 – 2:00 pm PLEN01	Opening Plenary Session & lunch From Advocacy to Action: Navigating Unexpected Paths in Family Medicine, F Addiction Medicine Presented by Elizabeth Salisbury-Afshar, MD, MPH, Associate Professor in the E Family Medicine and Community Health and Population Health Sciences at the Wisconsin School of Medicine and Public Health in Madison, Wisconsin	Departments of

2:00 – 3:00 pm	Education Sessions (60 min)	
WRK01	Management of Early Pregnancy Loss	Landmark
	Jessica Dalby, MD, University of Wisconsin Madison, Department of Family N	ledicine and
	Community Health, WI	
SEM01	Supporting the Underperforming Medical Learner: The SPIRiT Approach	Industry
	Lashika Yogendran, MD, MS, University of Wisconsin-Madison, Department o and Community Health WI	of Family Medicine
SEM02	Changing How We See Disability, and Ourselves: A New Paradigm	Northwoods
	Joanna Turner Bisgrove MD, FAAFP, Rush University Medical Center, IL Department of Family and Preventative Medicine	
SEM03	Implementing a Residency Curriculum to Improve Clinical Reasoning	Agriculture
	Keri Bergeson, MD. University of Minnesota, North Memorial Family Medicine Residency Program, MN	



Friday continued

3:05 – 3:35 pm	Education Sessions (30 min)	
SEM04	Elevate Recruitment with an Outpatient Sub-internship Program	Landmark
	Cynthia Ohata, MD, FAAFP, Advocate Christ, IL	
SEM05	Learner-Centered Approach to Medical Education	Industry
	Chelsea Thibodeau, DO, University of Minnesota Medical School Department of	Family Medicine
	and Community Health, MN	
SEM06	Enhancing Family Medicine Residency Curriculum Through a Curriculum	Northwoods
	Committee and Feedback Tool	
	Emma Worringer, MD, MPH, Rush Esperanza Family Medicine Residency Progra	m, Department
	of Family and Preventive Medicine, IL	
SEM07	Don't Fear the SOAP	Agriculture
	Shane M. Tendick, MD, Medical College of Wisconsin, Ascension SE Wisconsin H	ospital - St.
	Joseph Campus, WI	
3:35 – 4:00 pm	Break with Exhibits Varsity Log	inge
5.55 4.66 pm		
4:00 - 4:30 pm	Educational Sessions (30 mins)	
SEM08	Learner-Centered Approach to Supporting Struggling Learners	Landmark
	Deirdre Paulson, PhD, ABPP, Mayo Clinic, Family Medicine Residency, WI	
SEM09	Preparing the Perfect Practice Management Playbook	Industry
	Michael Chung, DO, Rush Esperanza Family Medicine, IL	
SEM10	Join the Fam! The Development of an Integrated Family Medicine Residency	Northwoods
	Program	
	Rhonda Verzal, MD FAAFP, University of Illinois Rockford, Family Medicine Resid	•
SEM11	Strategies for the Development and Implementation of Competency-Based	Agriculture
	Evaluation Tools for Difficult to Assess Milestones in Residency Education	
	Rebecca Lara, MD, EdM Rush University Medical Center RUSH-Esperanza Family	Medicine
	Residency Program	
4:35 – 5:35 pm	Educational Sessions (60 mins)	
WRK02	Osteopathic Treatment in Pregnancy	Landmark
	Antoinette Lullo DO, UCM Advent Health Hinsdale Family Medicine Residency, I	L
SEM12	Peer Reviewing for Scholarly Publications	Industry
	Sarina Schrager, MD, MS, University of Wisconsin, Family Medicine and Commu	nity Health, WI
SEM13	Development of a URiM Pathway Program to Support and Increase Provider	Northwoods
	Diversity	
	Estefan Beltran, MD, University of Wisconsin – Madison, Department of Family	Medicine &
	Community Health	
SEM14	Leadership and Gender: Moving the Needle	Agriculture
	Joanna Turner Bisgrove MD, FAAFP, Rush University Medical Center, Departmer	nt of Family and
	Preventative Medicine	
5:30 – 7:30 pm	Welcome Reception – GAME ON!	Varsity III
		•



Saturday, October 19

7.20 am	Providence Opena	
7:30 am	Registration Opens	Varsity Foyer
8:00 – 6:00 pm	Speaker Ready Room	Traditions
8:00 am – 6:00 pm	Conference exhibits	Varsity Lounge
8:00 – 9:00 am	Continental Breakfast	
	Visit with exhibitors	Varsity Lounge
	Poster Session I (Completed Student Posters)	Varsity III
POST01 - Attending and	d Resident Physician and Clinic Staff Reported Barriers to Cancer Screenings at	•
Family Medicine Reside		
•	ity of Minnesota Medical School, Medical School - Duluth Campus, MN	
	duce Supply & Demand in the Dane County Emergency Food System	
• •	rsity of Wisconsin Madison, School of Medicine and Public Health, WI	
	on of the Peer Shopping Program for New Women, Infants, and Children (WIC) Participants
-	e of Wisconsin-Central Wisconsin, School of Medicine, WI	
	se benefiting South Dakota	
	y of South Dakota Sanford School of Medicine, Sanford School of Medicine, SD	
POST05 - Breaking Barr	iers: Empowering Detroit's Youth through Hands-On Anatomy Education	
	Oakland University William Beaumont School of Medicine, Foundational Medic	al Studies, MI
POST06 - Community H	ealth Intervention Programs' Impact on Self-Efficacy in Managing a Chronic M	edical Condition
Hannah Wheeler BS, M	edical College of Wisconsin - Green Bay, WI	
POST07 - Moral Injury a	and Planetary Health in Primary Care	
Kevin Dunn, BA, Univer	sity of Wisconsin School of Medicine and Public Health, Department of Family N	1edicine and
Community Health, WI		
POST08- Installing Ove	rdose Aid Kits in Portage County	
Lauren Woyak, B.S., Me	edical College of Wisconsin, WI	
POST09- Examining Tel	lemedicine Trends: Insights from Google Search Interest in the Midwest	
Michael Ma, BS, Univer	sity of Illinois, Urbana-Champaign, Carle Illinois College of Medicine, IL	
	BMI improvement seen in patients with obesity treated at a general pediatric	clinic versus a
specialized obesity clin		
	an University College of Osteopathic Medicine, IN	
•	a diabetes text message intervention in the Hmong community	
-	iversity of Minnesota Medical School, MN	
	y Within John Muir Middle School	
-	Medical College of Wisconsin - Central Wisconsin, WI	
•	Education Classes in South Dakota	
•	ty of South Dakota Sanford School of Medicine, Sanford School of Medicine, IA	
	alysis of Healthy Habit References in Parental Facebook Support Groups	
-	, University of Wisconsin School of Medicine and Public Health, WI	
	Impact of Trauma-Informed Care on Employment Readiness: A Mixed Method	is Analysis of
Wisconsin Works (W-2	-	
	College of Wisconsin, Family Medicine, WI	
	lvement in the labor and delivery ward maternity setting at Queen Elizabeth C	entral Hospital in
Malawi	how Kimmel Medical College at Themes lefferent University Ferrity and Course	
nanna Biankemeier, Sic	Iney Kimmel Medical College at Thomas Jefferson University, Family and Comm	unity weakine, IL



Saturday continued

POST17 - Acute Injury Characteristics of Sport-Related Concussion in High School Athletes Zelda Moran, MPH, University of Illinois Urbana Champaign, Carle Illinois College of Medicine, IL

9:05 - 10:05 am	Educational Sessions (60 mins)		
WRK03	Knee Effusion Evaluation and Arthrocentesis with Point-of-Care Ultrasound in L	andmark	
	Family Practice		
	Jordan O'Neill, DO, Ascension Resurrection Family Medicine Residency, Family Me	dicine/Sports	
	Medicine, IL	•	
SEM15	From Interest to Impact: Student Leaders as Family Medicine Champions A	griculture	
	Samantha Busch, University of Wisconsin School of Medicine and Public Health, W	/1	
SEM16	Hospice for the Family Medicine Physician: Strategies for Appropriate	ndustry	
	End-of-life Care	-	
	Ryan Jozwiak MD, Carelon Health Palliative Care, IL		
SEM17	Assessment and treatment of ADHD in Family Medicine: an Integrated/	lorthwoods A	
	Structured Approach		
	Devin Santa, MD, Union Hospital, Family Medicine Residency, IN		
1101-1106		lorthwoods B	
	II01 - Comprehensive Weight Management: A Multidisciplinary Approach at an U	Jrban	
	Federally Qualified Health Center		
	Vinaya Gogineni, MD, Northwestern McGaw Family Medicine, IL		
	II02 - Enhancing Medical Education Through Collaborative Technology: A Study of	on Resource	
	Utilization and Peer-Sourced Learning Strategies		
	Daniel Ng, BE, University of Illinois-Urbana Champaign, Carle Illinois College of Me	dicine, IL	
	II03 - Is the Patient Home? A Home Visit Curriculum with a Focus on Social Determinants of		
	Health		
	Hannah Polus, MD, Ascension Illinois Saint Mary Chicago, Family Medicine Residency		
	II04 - Implementing Advocacy Electives in Family Medicine Training		
	Michael Garcia, MD, Rush Esperanza Family Medicine, IL		
	II05 - Upskill YOUR care for patients with serious illness and for learners with tools for FREE!		
	Janice L Benson, MD, University of Chicago (NorthShore-Endeavor) Family Medicine Residency,		
	IL	•	
	II06 - Medical students as advocates: coalition building for infertility insurance coverage in		
	Minnesota		
	Abby Brustad, MS4, University of Minnesota Medical School, MN		
10:10 – 10:40 am	Educational Sessions (30-minute)		
SEM18		andmark	
	Mark Wirtz, MD, University of Wisconsin, Dept of Family Medicine & Community H		
SEM19		griculture	
	Portal Messages		
	Allison Couture, DO, MPA, University of Wisconsin School of Medicine and Public I	Health	
	Department of Family Medicine and Community Health, WI		



Saturday continued

SEM20	HOPE for Patients with Substance Use: Evaluating Hospital Staff Response to Industry Education on Hospital Overdose Prevention Effort (HOPE) Kits for Pregnant and Parenting Patients	
	Caitlin Regner, MD, University of Wisconsin School of Medicine and Public Health, Department of Family Medicine and Community Health, WI	
SEM21	Scared to Death: Unlearning the Fear of the Death and Dying DiscussionNorthwood AKush Desai, MD, RUSH University Medical Center, Family Medicine, IL	
SEM22	A More Inclusive Journal Club: Assessing Health Equity Implications in Northwoods B Research Articles	
	Lashika Yogendran, MD, MS, University of Wisconsin-Madison, Department of Family Medicine and Community Health, WI	

10:45 – 11:45 Break with Exhibitors Varsity Lounge Poster Session II (Developing Student & Resident Physician Posters) Varsity III POST18- Refugee Domestic Medical Examination Training for Family Medicine Residents Varsity III

Elisabetta Tyriver, MD, UW-Madison, Department of Family Medicine and Community Health - Residency Program, WI **POST19 - A new musculoskeletal longitudinal curriculum at an urban FQHC based residency program** Ryan Mak MD Northwestern McGaw/Erie Humboldt Park , Family Medicine, IL

POST20- Abdominal Aortic Aneurysm Screening Rates: A Continuous Quality Improvement Project Mohammed Zayd Mughal, MD, Southern Illinois University, IL

POST21- Premorbid Risk Factors for Sport-Related Concussion in High School Athletes

Zelda Moran, MPH, University of Illinois Urbana Champaign, Carle Illinois College of Medicine, IL

POST22- Utilizing Registered Dietitians to Improve Nutrition Education for Medical Students

Andee James, MPH, MS4, University of South Dakota, Sanford School of Medicine, SD

POST23 - Increasing Access to Depot Medroxyprogesterone Contraception with Subcutaneous Administration Maria Margarita Castellanos Llorca, B.S. University of Wisconsin School of Medicine and Public Health, Summer Research & Clinical Assistantship, WI

POST24 -Sparking a Connection: Experiences of those living with dementia and their caregivers through the Spark! Program

Carley Hintz, M.S., Medical College of Wisconsin - Central Wisconsin, School of Medicine, WI

POST25 -Nutrition-Based Health Communications to Affect Behavior Changes in Children

Emma Patch, BS, University of Wisconsin School of Medicine and Public Health, Department of Family Medicine and Community Health, WI

POST26 -Cervical Cancer Screening QI Project: Improving rates at Wingra Access Clinic

Valeria Charles, B.A., University of Wisconsin Madison, School of Medicine and Public Health, WI

POST27 - Getting it Done in Advance: Advanced Care Planning

Layne Anderson, MD, University of Minnesota, North Memorial Family Medicine Residency, MN

POST28 - CoPilot: A Case Study in Improving Physician Efficiency and Burnout Using an AI Digital Scribe

Avery Keesee BS, UICOM – Rockford, Allopathic Medicine, IL

POST29 - Psychological Safety of Family Medicine Residents on their OB rotation

Tyona Golden, MSMS, Southern Illinois University School of Medicine, Medical Education, IL

POST30 - Barriers to and Facilitators of Rural Medical Student Matriculation

Katie K. McLaughlin, JD, MS4, University of Minnesota Medical School, Medical School, MN

POST31 - Inpatient OMT for post operative ileus Prevention study (IPOP)

John David A. Manuel, DO, SSM Monroe Clinic, Family Medicine, WI



Saturday continued

POST32 - DAVID DECI SCHOLARSHIP WINNER

11:45 – 12:45 pm	Boxed Lunch & Lunch Roundtables		
(grab a box at marquee	foyer and eat where you like in the union or visit a session room to be part o	of a roundtable,	
informal discussion)			
RT01	Strategies for "Doctor Parents" at Every Stage of Medicine	Landmark	
	Mustafa Alavi, MD, Erie Family Health Centers, University of Chicago Endeav	vor Family Medicine	
	Residency, IL		
RT02	AI and primary care	Agriculture	
RT03	Fellowships	Industry	
RT04	Wellness & integrated Medicine	Northwoods A	
RT05	Career Advice & Navigation	Northwood B	
1:00 – 2:00 pm	Plenary Ma	arquee Auditorium	
PLEN02	Building an Inclusive Practice: My Journey in Family Medicine		
	Presented by Melissa Hidde, MD, MPH, FAAFP, Family Physician, Bellin Heal	th, Green Bay, WI	
2:05 – 3:05 pm	Educational Sessions (60-minute)		
WRK04	A Hands-On Introduction to Osteopathic Manipulative Treatment for Allopathic Landmark		
	Carlos Aispur DO, University of Minnesota Medical School, Department of F	amily Medicine and	
	Community Health, North Memorial Family Medicine Residency Program, M	1N	
SEM23	Abortion Access Across the Midwest	Agriculture	
	Ashlyn Brown, MD, University of Wisconsin-Madison, Department of Family	Medicine and	
	Community Health, WI		
SEM24	From Med Student to Match Day & Beyond: Unlock the Power of Behaviora	al Industry	
	Interviewing		
	Terri A. Nordin, MD, Mayo Clinic, Family Medicine Residency, Eau Claire, WI		
SEM25	Preparing to Prescribe PrEP	Northwoods A	
	Elizabeth Payment, MD Advocate Christ Family Medicine, IL		
SEM26	Pills, Patches, and Progesterone: Cases in Contraception Management	Northwood B	
	Kailin Randolph, MD, University of Wisconsin-Madison, Department of Family	ily Medicine and	
	Community Health, WI		
3:10 – 4:10 pm	Break with Exhibitors	Varsity Lounge	
	Poster Session III (Physician, Resident Physician & other Healthcare	ruisity Louinge	
	Professional Posters)	Varsity III	
DOST22 - Agreement h	etween HPV results of self-collected vaginal samples at home and clinician-	-	
samples in clinic	etween nev results of sen-conected vaginal samples at nome and chincian-		
Kathy L. MacLaughlin, N	MD Mayo Clinic MN		
	oach to Insulin Titration in Busy Primary Care Clinics		
••	MPH, Erie Family Health Centers, IL		
	bortion in primary care: Evaluation of the Midwest Access Project/ExPAND	Mifenristone	
learning collaborative			

learning collaborative

Valeria Hernandez, BS, University of Chicago, Family Medicine, IL



Saturday continued

POST36 - Managing Menopause: A Curricular Pilot for Treatment of Vasomotor Symptoms Erica Zak, MD, Advocate Lutheran General Hospital, Family Medicine, IL POST37 - Stigma in Substance Use Disorder Katie Leiteritz, DNP student, MSN, FNP-BC, University of Missouri Kansas City, Doctorate in Nursing Practice, WI POST38 - Improving Clinical Document Integrity and Reducing Physician Burnout through Documentation and Order Set Templates Justin Chen, Swedish Hospital, Family Medicine, IL POST39 - University of Wisconsin-Madison Family Medicine Residency: Evaluating Outcomes of an Urban Program's **Rural Training Spectrum** Kane Laks, MD, Menominee Tribal Clinic, Family Medicine, WI POST40 - Preparing to Prescribe PrEP : Teaching Family Medicine the Basics of Prescribing HIV Prophylaxis Elizabeth Payment, MD, Advocate Christ Family Medicine Residency, Family Medicine, IL POST41 - A Spoonful of Sugar: Elevated One-Hour Glucose Tolerance Tests as Predictors of LGA and Shoulder Dystocia Enrique Blanco-Martinez, MD, Ascension Illinois - Saint Mary (Chicago) Hospital, Family Medicine Residency, IL POST42 - Examining Unsatisfactory Pap Test Rates and Guideline-Adherent Management in Family Medicine Clinics Kathy MacLaughlin, MD, Mayo Clinic Rochester, Family Medicine, MN POST43 - An approach to Trauma-Informed Care in the Primary Care Setting: Is it feasible to offer longer appointments to patients with a significant history of trauma? Jeanne Gambucci DO MPH, Hennepin Healthcare, Family Medicine, MN POST44 - Autism Spectrum Disorder in Primary Care: An Introduction Marcelo Petti, DO, Advocate Lutheran General Hospital, Family Medicine, IL POST45 - Clinical Effectiveness of Rimegepant with Onabotulinum Toxin type A in treatment of Chronic Migraine Harathi Bhooma, MD, SLU Southwest IL Family Medicine Residency, IL POST46 - Introduction of Self-Collection for Cervical Cancer Screening in a Community Center Serving Southeast Asian **Immigrant and Refugee Women** Tana Chongsuwat, MD, MPH, Northwestern University, Family Medicine and Community Health, IL POST47 - Bridging Gaps in Mental Health: Empowering Primary Care Providers in Wisconsin William Michael, MD, University of Wisconsin, Department of Family Medicine and Community Health, WI POST48 - Unlocking Faculty Potential: A Systematic Approach to Developing and Evaluating a Multi-site Quality **Curriculum Using Quality Improvement Principles** Carrie Wirth, MD, Indiana University School of Medicine Family Medicine, IN POST49 - Talk the Talk, Walk the Walk: A Pilot Curriculum in Advance Care Planning (ACP) in the Family Medicine Practice (FMP) Site Jeanette Cheng, MD MHS, University of Chicago/Northshore Family Medicine Residency Northshore Family Medicine Residency, IL POST50 - The Midwest Trans Health Education Network: Increasing Access to Gender Affirming Medical Care Through Virtual Training Cohorts and Peer Mentorship Kelsey Leonardsmith, MD, FAAFP, University of Minnesota, Saint John's Family Medicine Residency, MN POST51 - Unravelling Cannabinoid Hyperemesis Syndrome: Insights from a Community Hospital Cohort StudyMannan Hashmi, MD, Mt Sinai/Jackson Park Hospital, Family Medicine, IL POST 52 - Improvement in Clinical Staff Attitudes and Actions Towards Patients in Gender Affirming Care Clinic: A QI Project Shalini Kumar, MD, Advocate Christ Family Medicine Residency, Family Medicine, IL



Saturday continued

4:15 – 5:15 pm	Educational Sessions (60-minute)	
WRK05	Trouble-shooting IUD procedures	Landmark
	Viktoriya Ovsepyan, MD, University of Wisconsin Madison, Department of Fam	nily Medicine, WI
WRK06	Inquisitive Minds: Narrative Medicine as a Tool for Restoring	Agriculture
	and Nurturing Curiosity	
	Aynsley Hartney, University of Wisconsin Madison, School of Medicine and Pul	olic Health, WI
SEM27	Application and Interview Tips for IMG students: the Do's and Don'ts Physicia	an Industry
	Alicia Vazquez, MD, Ascension Illinois Saint Mary Chicago, Family Medicine, IL	
SEM28	Primary Care Buprenorphine Induction Strategies for the Fentanyl Era of the	Northwoods A
	Opioid Crisis	
	John Hayes DO, FASAM, Medical College of Wisconsin, Family Medicine, IL	
SCH01-03	Scholarly Presentations (15 min sessions)	Northwoods B
	SCH01 - Implicit Interconception Care in a Primary Care Residency Clinic	
	Laura Miller, MD MPH, University of MN Department of Family Medicine, Nort	h
	Memorial/Broadway Family Medicine Residency Program, MD	
	SCH02 - Uncovering motivations and important benefits in men pursuing wei motivates men?	ght loss: What
	Mariangeline Gonzalez, MD, Rush University Medical Center, Rush Esperanza Family Medicine Program, IL	
	SCH03 - [Cigarette] Butt did you document it?	
	Bushra Joarder, MD, University of Illinois Rockford Family medicine, IL	
5:15 – 7:15 pm	Residency Fair in Exhibit Hall Vars	ity I & II

Monday, October 21

12 – 1 pm Host & Planning Committee Wrap-up Meeting

Zoom