

# Family Medicine Midwest 2022 Conference Schedule\*

## October 7 -9, 2022 McNamara Alumni Center

### Friday, October 7

|  |  |                           |
|--|--|---------------------------|
| <b>8:30 am</b>   | <b>Registration opens</b>  | <b>The Commons</b>        |
| <b>8:30 am – 4:30 pm</b>   | <b>Speaker Ready room</b>  | <b>Big Ten Room</b>       |
| <b>9:00 am – 12:30 pm</b>  | <b>Pre-Conference Sessions** (3.5 credits)</b>   |                           |
| <b>1. PC01 - FMM Scholars Collaborative</b><br>Led by Jake Prunuske, MD  |  | <b>Ski-U-Mah Room</b>     |
| <b>2. PC02 - Open invitation to discuss future collaborations</b><br>Led by Larry Bauer  |  | <b>Minnesota Room</b>     |
| <b>3. PC03 - Point of Care Ultrasound Workshop</b><br>Presented by Jonathan Dickman, MD, Gerald Montie, MD, Tanner Nissly, DO, Timothy Ramer, MD & Mark Berg, MD |  | <b>Thomas Swain Room</b>  |
| <b>4. PC04 - Care for Transgender People (9:00 -10:30 am)</b><br>Presented by Kelsey Leonardsmith, MD  |  | <b>Heritage Gallery</b>   |
| <b>PC05- Medication Assisted Therapy (11:00 am – 12:30 pm)</b><br>Presented by Robert Levy, MD   |  |                           |
| <b>12:30 – 1:00 pm</b>   | <b>FMM leaders kickoff meeting**</b>   | <b>Ski-U-Mah Room</b>     |
| <b>12:30 pm</b>  | <b>Conference Exhibits Open</b>  | <b>Johnson Great Room</b> |
| <b>1:15 – 2:15 pm</b>  | <b>PL01 - FMM Welcome &amp; Opening Panel (1.00 credit)</b><br><b>Using Lifestyle Medicine to Combat Health Inequities</b><br>Panelists Christina Wells, MD, MPH, FAAFP, Ecler Jaqua MD, MBA, DipABLM, DipABOM, FAAFP, Lakshman Mulpuri, MD & Janet Nwaukoni, DO | <b>Memorial Hall</b>      |
| <b>2:30 – 3:30 pm</b>  | <b>Educational sessions (1.00 credit)</b>  |                           |
| <b>1: FR01 - Dermoscopy Workshop</b><br>Presented by: David Power, MBBS, MPH (MN)  |  | <b>Thomas Swain Room</b>  |
| <b>2: FR02 - Is there anything new in outpatient precepting?</b><br><b>Come/learn/share advanced precepting skills</b><br>Presented by: Janice Benson, MD (IL)   |  | <b>Heritage Gallery</b>   |
| <b>3: FR03 - Incentivizing and Rewarding the Teaching of Medical Students</b><br>Presented by: Suzanne Minor, MD, FAAFP (IL)                                     |  | <b>Ski-U-Mah Room</b>     |
| <b>3:30 – 4:20 pm</b>  | <b>Break with Exhibitors</b>   | <b>Johnson Great Room</b> |
| <b>3:40 – 4:10 pm</b>  | <b>PS01 - Poster session I (0.50 credit)</b><br><b>(Physician and Resident Posters)</b>  | <b>Memorial Hall</b>      |
| 1: Self-Reflections on Culture and Medicine: Exploration of Diversity, Equity, and Inclusion<br>James Meza, MD, PhD (MI)   |  |                           |
| 2: Somatic Dysfunction of the Psoas Muscle with Associated Insights & Treatment<br>Adam Cohen-Lewe DO (IL)   |  |                           |
| 3: Being a Family Medicine Ambassador<br>Ashley Bentley, MBA (KS)  |  |                           |
| 4: Housing is Healthcare: Establishing a Free Clinic and Outreach Program to Individuals Without Homes<br>Sara Robinson, MD (MN)                                 |  |                           |
| 5: Opting Out of Cervical Cancer<br>Brittane Samuelson, MD (MI)  |  |                           |

- 6: Reducing Hospital Length of Stay After Bowel Surgery Through Osteopathic Manual Medicine  
Marisela Loera, DO (MN)
- 7: Perspectives of Birthing People on Newborn drug Testing and Racial Health Disparities: A Qualitative Study  
Lauren Oshman MD MPH (MI)
- 8: Health Equity Coordinator: Bridging the Social Needs Gap Between Clinic and Community Erin Westfall, DO  
FACOFP (MN)
- 9: How does a local rural community feel about substance and opioid use in their community? Georgia Luckey, PhD,  
MS (IL)
- 10: Adaptation of a Large Group Multisite Prenatal Chart Audit Process Margaret Russell, MD (IL)
- 11: Engaging Residents through Special Olympics: A Collaborative Curriculum on the Care of Athletes with  
Intellectual Disabilities  
Alex Wang, MD (IL)

**4:20 – 5:20 pm Educational sessions (1.00 credit)**

- 1: FR04 - AAFP Innovation Lab: How AI Assistants are Decreasing Family Physician Burden** **Heritage Gallery**  
Presented by: Steven Waldren, MD (KS)
- 2: FR05 - AACE Advanced Diabetes Technologies – Conversations and Collaborations.** **Ski-U-Mah**  
Presented by: Priscilla Escalona Villasmil, MD
- 3: FR06 - Writing change: reclaim your voice and joy in practice** **Thomas Swain Room**  
Presented by: Elizabeth A. Fleming, MD (WI)

**5:30 - 6:30 pm Department of Family Medicine Chairs Meeting Minnesota Room**

**5:30 – 7:30 pm Welcome Reception University Hall**  
Celebrating the FMM 10-year anniversary with live music, networking, cocktails, & appetizers  
*Sponsored by Healthcare Associates Credit Union*

**Saturday, October 8**

**8:00 am Registration opens The Commons**  
**8:00 am - 5:00 pm Speaker Ready room Big Ten Room**

**8:00 am – 3:30 pm Conference Exhibitors Johnson Great Room**

**8:30 – 9:30 am BR01 - Breakfast Roundtables (1.00 credit) Memorial Hall**

- Table 1: Creating Niche Clinics within a Family Medicine Residency  
Led by: Rebecca Lara, MD, EdM (IL)
- Table 2: Interpreter Access: A discussion of in person versus virtual interpreters. Opportunities to improve access, outcomes and patient experience.  
Led by: Kathryn Freeman, MD (MN)
- Table 3: Troubleshooting Challenges in Diversity, Equity, Inclusion, and Anti-racism Work  
Led by: Thomas Hahn, MD (WI)
- Table 4: Scholarly Activity and Academic Writing for Practicing Clinicians  
Led by: James P. Meza, MD, PhD (MI)
- Table 5: Nursing Home rotation as comprehensive training model  
Led by: Suhail Shaikh, MD, FAAFP, MBA (WI)
- Table 6: Engaging Everyone to Find a Solution for Missed Appointments  
Led by: Tanner Nissly, DO (MN)
- Table 7: Strategies for “Doctor Parents” at Every Stage of Medicine (Student, Resident and Physician)  
Led by: Laura Miller, MD, MPH (MN)
- Table 8: The Economics of a Collaborative Street Medicine Clinic: The Roles of Students, Residents, Physicians and Community Partners  
Led by: Sarna Becker, MD (MI)

Table 9: Storytelling: A curriculum tool to assess attitudes towards LGBTQ healthcare in family medicine residency training

Led by: Christine Knight, MD (IL)

Table 10 - 12: Fellowships

Led by: Representatives from various fellowship programs.

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|---|---|--------------------------|
| <b>9:40 – 10:40 am</b>  | <b>Educational Sessions (1.00 credit)</b> |                          |
| <b>1: SA01 - Colposcopy Workshop</b>  |   | <b>University Hall</b>   |
| Presented by: Lisa Phifer, MD (IN)  |   |                          |
| <b>2: SA02 - Medication Abortion: A Review for Family Physicians in the Post-Roe Midwest</b>  |   | <b>Thomas Swain Room</b> |
| Presented by: Chelsea Thibodeau, DO (MN)  |   |                          |
| <b>3: SA03 - Family Practice Stories: Teaching Professionalism, Ethics, and Family Medicine values through Storytelling</b>   |   | <b>Minnesota Room</b>    |
| Presented by: Richard Feldman, MD FAAFP (ID)  |   |                          |
| <b>4: SA04 - Primary Palliative Care: Beginning to Plan for Advanced Illness</b>  |   | <b>Heritage Gallery</b>  |
| Presented by: Ryan Jozwiak MD (IL)  |   |                          |
| <b>5: SA05 - Sharing Best Practices in Urban-Underserved Family Medicine Residency Training Programs: Coming Out of Our Silos</b>   |   | <b>Ski-U-Mah Room</b>    |
| Presented by: Juliet Bradley MD, FAAFP (IL)   |   |                          |
| <b>10:50 – 11:20</b>  | <b>Educational Sessions (0.50 credit)</b> |                          |
| <b>1. SA06 - Common Skin Biopsy Techniques: A Hands-On Workshop (1-hour session)</b>  |   | <b>University Hall</b>   |
| Presented by: Alicia Milan-Flanigan, MD (IL)  |   |                          |
| <b>2: SA07 - Innovative Ideas (1-hour session)</b>  |   | <b>Thomas Swain Room</b> |
| - Development and Implementation of Home Visits for a Unique Population: Those with Severe and Persistent Mental Illness - Micah Johnson, MD (MN)                           |   |                          |
| - Teamwork in the Time of COVID: How Our Multi-Disciplinary Team Approach Kept Labor & Delivery Patients Safe and Happy - Olivia Baranski, MD (IL)                          |   |                          |
| - Addressing Maternal Health Disparities Through Primary and Preventative Health - Hannah Lo, MD (IL)   |   |                          |
| - Turning the Page: Using Short Story Reading Groups to Build Community in Residency – Juliet Bradley, MD (IL)  |   |                          |
| - Community Gardening: Herb your enthusiasm - Mark Wirtz, MD (WI)   |   |                          |
| <b>3. SA08 - Incorporating Existing Hospital Patient Safety and Quality Resources and Methods for a Novel Residency Curriculum</b>  |   | <b>Ski-U-Mah Room</b>    |
| Presented by: Leslie Sleuwen MD (IL)  |   |                          |
| <b>4: SA09 - A paradigm shift in mild asthma management: out with albuterol, in with anti-inflammatory reliever therapy</b>   |   | <b>Minnesota Room</b>    |
| Presented by: Kaitlin Miles, PharmD, BCPS (IL)  |   |                          |
| <b>5: SA10 - Providing effective peer review: if you want to publish- you need this skill!</b>  |   | <b>Heritage Gallery</b>  |
| Presented by: Kurt Angstman, MD (MN)  |   |                          |
| <b>11:25 – 11:55 am</b>   | <b>Educational Sessions (0.50 credit)</b> |                          |
| <b>1. SA06, cont - Common Skin Biopsy Techniques: A Hands-On Workshop, continued</b>  |   | <b>University Hall</b>   |
| <b>2: SA07 – cont. - Innovative Ideas, continued</b>  |   | <b>Thomas Swain Room</b> |
| <b>3: SA11 - Time to Circle Up! Group Prenatal and Well Baby Care Integrated into a Family Medicine Residency Clinic. Eliminating disparities while Educating Residents</b> |   | <b>Heritage Gallery</b>  |
| Presented by: Michelle Karsten, MD (MN)   |   |                          |
| <b>4: SA12 - Meeting Expectations, Unexpectedly</b>   |   | <b>Ski-U-Mah Room</b>    |
| Presented by: Milap Bhatt, D.O (IL)   |   |                          |
| <b>5: SA13 - Enhancing Family Medicine Residency Quality Improvement Training Program Partnering with Undergraduate Students during Covid Pandemic</b>                      |   | <b>Minnesota Room</b>    |
| Presented by: Ashley Jardine, BS (IL)   |   |                          |

|  |   |                           |
|--|---|---------------------------|
| <b>12:00 - 12:30 pm</b>  | <b>Break with Exhibitors</b>                                    | <b>Johnson Great Room</b> |
| <b>12:00 - 1:30 pm</b>   | <b>Lunch</b>  | <b>Memorial Hall</b>      |
| <b>12:30 pm – 1:30 pm</b>  | <b>PL02 - Opening Plenary (1.00 credit)</b>                     | <b>Memorial Hall</b>      |
| <b>An Indigenous Approach to Increasing the Numbers of Indigenous Health Care Providers</b>  |   |                           |
| Presented by: Mary Owen, MD  |   |                           |
| President, Association of American Indian Physicians Director, Center of American Indian and Minority Health                                 |   |                           |
| Assistant Professor, Dept. of Family Medicine and Biobehavioral Health University of Minnesota Medical School                                |   |                           |
| <b>1:30 – 2:00 pm</b>  | <b>Break with Exhibitors</b>                                    | <b>Johnson Great Room</b> |
| <b>1:30 – 2:00 pm</b>  | <b>PS02 - Poster Session II (0.50 credit)</b>                   | <b>Memorial Hall</b>      |
| <b>(Resident and Student Session)</b>  |   |                           |
| 1: Piloting & Implementation of an Interactive Trauma Informed Care Curriculum for Clinical Medical Students John Hartman (MO)               |   |                           |
| 2: Inpatient Postpartum Pain Management: Decreasing Use of Opiates in the Wake of the Opioid Crisis Jennifer Law/M.S., B.A. (IL)             |   |                           |
| 3: Technology Use and Loneliness in a Senior Living Facility Samuel Erb, MD Candidate 2023 (WI)  |   |                           |
| 4: Patient Assessment of a Chronic Care Management Program in Rural Illinois Kailyn Baalman, MS4 (IL)  |   |                           |
| 5: Physicians' Approach to Screening for Secondary Hypertension: A Nationwide Survey Zara Salman, MD (MI)                                    |   |                           |
| 6: Community Health Needs Assessment of a Student-Run Free Medical Clinic Emily Ruba, BS BA (IA)   |   |                           |
| 7: Implementation of the Cardiac Arrest Registry to Enhance Survival (CARES) network in Rural North Central Wisconsin Maarten Colby, BS (WI) |   |                           |
| 8: Evaluating Barriers to Opioid Use Disorder Treatment: From the Patients' Perspectives Neil Dixit, BA (WI)                                 |   |                           |
| 9: Hospital Preparedness to Care for Sexual Assault Survivors: A Nationwide Survey Kristen Chalmers BA (IL)                                  |   |                           |
| 10: Factors Promoting Engagement in a Postpartum Home Visiting Service: Family Connects Chicago at Rush Sheryl Cherian, MD Candidate (IL)    |   |                           |
| 11: Food as Medicine: Looking at the undiscovered impact of a produce prescription program within a food dessert. Abigail Huliganga (IL)     |   |                           |
| <b>2:15 – 3:15 pm</b>  | <b>Educational Sessions (1.00 credit)</b>                       |                           |
| <b>1: SA14 - No Needle No Scalpel Vasectomy: Hands-on Workshop</b>   |   | <b>University Hall</b>    |
| Presented by: Christopher L. Boswell, MD (MN)  |   |                           |
| <b>2: SA15 - Centering our Patients' Needs: Teaching Physicians about Self-Sourced Medication Abortion</b>                                   |   | <b>Ski-U-Mah Room</b>     |
| Presented by: Hannah Rosenfield, MD (MI)   |   |                           |
| <b>3: SA16 - Tips &amp; Tricks for becoming a Trauma-informed Physician</b>  |   | <b>Minnesota Room</b>     |
| Presented by: Stephanie Moss, MS3, MD in 2024 (IL)   |   |                           |
| <b>4: SA17 – To Be or not To Be in-Person: Navigating Family Medicine Interest Group Events in 2022</b>                                      |   | <b>Heritage Gallery</b>   |
| Presented by: Mahuya Barua (IL)  |   |                           |
| <b>3:30 – 5:30 pm</b>  | <b>Residency Fair in Exhibit Hall</b>                           | <b>Graduate Hotel</b>     |
| <b>5:30 – 6:00 pm</b>  | <b>FM Residency Program Directors &amp; Assistant Directors</b> | <b>Minnesota Room</b>     |

**Sunday, October 9**

|  |   |                           |
|--|---|---------------------------|
| <b>7:30 am</b>   | <b>Registration opens</b>   | <b>The Commons</b>        |
| <b>7:30 am - 12:00 pm</b>  | <b>Speaker Ready room</b>   | <b>Big Ten Room</b>       |
| <b>8:00 am – 12:45pm</b>   | <b>Conference Exhibitors</b>  | <b>Johnson Great Room</b> |
| <b>8:00 am</b>   | <b>Breakfast</b>  | <b>Memorial Hall</b>      |
| <br>   |   |                           |
| <b>8:30 – 9:00 am</b>  | <b>PS03 - Poster Session III (0.50 credit)<br/>(Student &amp; Resident Session)</b> | <b>Memorial Hall</b>      |
| 1: Development and evaluation of a community-focused opioid overdose response training led by medical students<br>Emma Klug (IL)                                 |   |                           |
| 2: Increased incidence of pyogenic liver abscess in a Midwest system with emphasis on rural impact<br>Meghan Grassel, M.S. , MS IV (SD)                          |   |                           |
| 3: Social Determinants of Health and Access to Community Resources at a Student-Run Clinic in Rochester, MN<br>Nathaniel Gipe, BS, MD candidate (MN)             |   |                           |
| 4: AHmong Us Mentorship Program<br>Andrew Sepiol, BSN (WI)   |   |                           |
| 5: Health Disparity in South Dakota: Creation of Healthcare Provider Referral List for Special Olympic Athletes<br>Patrick Wilson, 3rd Year Medical Student (SD) |   |                           |
| 6: Improving vaccination rates among African American adults<br>Sreevidya Bodepudi, DO (IL)  |   |                           |
| 7: The Impact of 'Clinic First' Model on 30-day Hospital Readmission Rates in a Family Medicine Residency<br>Marjorie Williams, MD (IL)                          |   |                           |
| 8: COVID-19 infection in pregnant women and pregnancy and perinatal outcomes.<br>Nana Merabova, MD (WI)  |   |                           |
| 9: Medicine in Real Life: Interprofessional Education for Medical and Social Work Students<br>Emelyn Zaworski, BS (WI)   |   |                           |
| 10: Pediatric Inpatient Care in Wisconsin: The State of the State<br>Samantha Busch, BS (WI)   |   |                           |
| <br>   |   |                           |
| <b>9:05 – 10:05 am</b>   | <b>Sunday Plenary (1.00 credit)</b>   | <b>Memorial Hall</b>      |
| <b>PL03 - Finding the Well for Better Maternity Care</b>   |   |                           |
| Presented by: Safiya McNeese-Ruffin, MD, FAAFP Associate Program Director<br>Director of SIU Alton Family Medicine Obstetrics & Women's Health                   |   |                           |
| <br>   |   |                           |
| <b>10:15 – 11:15 am</b>  | <b>Educational Sessions (1.00 credit)</b>   |                           |
| <b>1: SU01 - A Hands-On Introduction to Osteopathic Manipulative Treatment for Allopathic Students and Physicians</b>  |   | <b>University Hall</b>    |
| Presented by: Darien Jourdain, DO (MN)   |   |                           |
| <b>2: SU02 - Have the Conversation: Improve Engagement in Advance Care Planning through Clinic-based Quality Improvement</b>                                     |   | <b>Heritage Gallery</b>   |
| Presented by: Julia Lubsen, MD (WI)  |   |                           |
| <b>3: SU03 - Using Family Medicine's Advocacy Voice for Change</b>   |   | <b>Ski-U-Mah Room</b>     |
| Presented by: Gordana Krkic, CAE (IL)  |   |                           |
| <b>4: SU04 - Finding the Best Match. Using Your Goals and Values to Decrease Bias, Increase Diversity, and Find the Best Residents for Your Program</b>          |   | <b>Thomas Swain Room</b>  |
| Presented by: Michelle Karsten, MD (MN)  |   |                           |
| <br>   |   |                           |
| <b>11:15 – 11:30 am</b>  | <b>Break with Exhibitors</b>  | <b>Johnson Great Room</b> |

**11:30 am - 12:30pm**

**Presentation of Scholarship (1.00 credit)  
(15-minute presentations)**

**Various Rooms**

**Minnesota Room**

**1: SU05 - Elevated HCG in the Absence of Pregnancy**

Presented by: Leslie Smebak, MD, (IL)

**2: SU09 - Multi-dimensional Neuropsychiatric Assessments Among Systemic Lupus Erythematosus Patients in Relation to Disease Activity: A Case-control Study**

Presented by: Shufei Tao, MD (IL)

**3: SU13 - Food Rx: Addressing Food Insecurity and Chronic Disease Through Community Partnerships**

Presented by: Sara Robinson, MD (MN)

**4: SU17 - Contingency Management as a Treatment for Opioid Use Disorder and Stimulant Use Disorder in a Primary Care Setting**

Presented by: Tanner Nissly, DO (MN)

**Ski-U-Mah Room**

**1: SU06 - Flecainide Toxicity Leading to Cardiogenic Shock**

Presented by: Peter Ng, MD (MI)

**2: SU10 - Severe Pelvic Pain and Debility After Vaginal Delivery**

Presented by: Sujith Kochat, MD (IL)

**3: SU14 - Increasing Healthcare Agent Documentation in a Residency Clinic**

Presented by: Zack Merten, MD (MN)

**4: SU18 - The Effect of Contraception Counseling on Contraception Prescriptions after Medical Abortion**

Presented by: Janell Mathus, MD (IL)

**Thomas Swain Room**

**1: SU07 - A Bloody Mystery: A Rare Complication of a Well-Known Disease**

Presented by: Mariyam Yasmeen Houston, DO (IL)

**2: SU11 - Spontaneous solid tumor lysis syndrome in colorectal adenocarcinoma: a case report and review of the literature**

Presented by: Katelynn Brown, MD (IL)

**3: SU15 - The VIP Study: Primary Care Resident Perceptions of Virtual vs In-Person (VIP) Interviewing**

Presented by: Rhonda Verzal, MD FAAFP (IL)

**4: SU19 - Developing a tool to measure community focus, health equity, and social justice knowledge, skills, and attitudes in a residency program**

Presented by: Kate Rowland, MD (IL)

**University Hall**

**1: SU08 - Exfoliating Skin Diseases: A Pediatric Emergency**

Presented by: Alexis Acernese, MD (IL)

**2: SU12 - "I'm sorry, could you repeat that? I couldn't hear you over the ringing in my ears." An Analysis on the Association Between Tinnitus & COVID-19**

Presented by: Akeem Bello, MD (Michigan)

**3: SU16 - A Simple Curriculum to Improve Patient Interaction**

Presented by: Cynthia Ohata, MD (IL)

**4: SU20 - Did The COVID-19 Pandemic Affect Influenza Vaccination Reception at MacNeal Family Medicine Center?**

Presented by: Christopher Gozali, DO (IL)

**12:45 - 1:45 pm**

**FMM Planning Committee Wrap-up meeting & lunch**

**Heritage Gallery**

\*Schedule as of 10/02/2022. Download the FMM App for the most up-to-date information.

\*\* Preconference attendees, and FMM leaders attending the kickoff meeting will receive a boxed lunch.

The IAFP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Category 1 - The Illinois Academy of Family Physicians designates this live activity for a maximum of 16.00 AMA PRA Category 1 credits™.