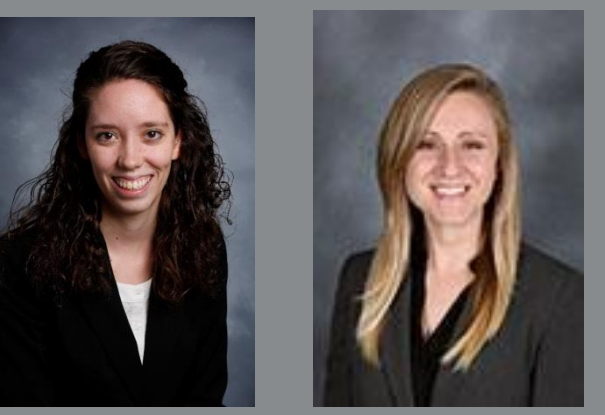


Who speaks for me?

Conversations about end of life, expected or unexpected



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INTRODUCTION

Everybody Dies.

Having a conversation about the end of life can be extremely challenging. Most people don't have the conversation until it's too late.

Most people say they would prefer to die at home, yet only about one-third of adults have an advance directive expressing their wishes for end-of-life care (Pew 2006, AARP 2008).

Even among severely or terminally ill patients, fewer than 50 percent had an advance directive in their medical record (Kass-Bartelmes 2003).



Above References can be found in our comments section.

Project Part 1:

- **August 2019:** Viewing of Being Mortal Documentary with expert panel discussion
 - Hosted at West 7th Community Center
 - Panel and documentary
 - Goals: Introduce topics surrounding end of life, audience participation with expert panel, pilot project to assess interest and next steps.

Part 1: Post Survey Findings

Total: 28 guests. 8 surveys completed.

- Majority of attendees learned 'some' or 'a lot' of new information during the event
- Majority of attendees stated they had some to a lot of increased understanding of this topic.
- Majority of attendees wanted to have more community events about this topic.

Community Leaders & Resident Musings:

- Initial event unintentionally focused a lot on hospice
- Poor acoustics at West 7th Community Center

Project Part 2:

- **February 2020:** Two part series. Documentary & Dinner
 - **Part 1 Documentary**
12 attendees. 7 surveys completed
 - Being Mortal by Atul Gawande
 - Small expert panel (medical, spiritual and family experience)
 - Majority learned 'some' or 'quite a bit'
 - **Part 2 Dinner & Discussion**
11 attendees. 6 surveys completed
 - Small group discussions over dinner
 - Hello card game with conversation prompts
 - Majority of attendees learned 'quite a bit' or 'a lot'

Project Part 3:

- **May 2020:** *Tea & Talk* virtual forum hosted by Jewish Family Services
 - Provided community members a chance to discuss End of Life conversations in the setting of the new COVID-19 pandemic
 - Attempted response with survey monkey

FUTURE DIRECTIONS

Community Partners:

Primary Lead

- Brainstorming ideas for reaching the community
- Inviting and innovating new ways to start the discussion on end of life care
- Connecting UFM with community partners to have help filling out advanced directives, holistic support for making decisions.

Resident Direction:

Consultant role

- Meeting with West 7th community leaders
- Focus groups
- Learning about how end of life is revered through other cultural lenses.
- Connecting UFM with community partners to have help filling out advanced directives, holistic support for making decisions.
- More background research on other methods of introducing end of life topics.

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